

Global Alliance for Chronic Diseases mid-year workshop

Theories, models, and frameworks for NCD implementation research

Wednesday 12 June 2024

Sitting A: 07:00–08:45 UTC // Sitting B: 17:00–18:45 UTC

Қош келдіңіз
Qoş keldiñiz

स्वागतम्

환영
Hwan-yeong

Fáilte

स्वागतम्
Svāgatam

G'day!

Witamy

ようこそ
Yōkoso

ਸਵਾਗਤ ਹੈ
Savāgata hai

Bienvenue

Welcome

добре дошли
dobre doshli

Karibu

ຍິນດີຕ້ອນຮັບ
Yindī t̄xnṛəb

Bienvenido

أهلا بك
'ahlaan bik

欢迎

Huānyíng


Tervetuloa


Selamat datang


خوش آمدید


Afio mai


Housekeeping


 The workshop will be **recorded** and will be publicly available after the event

 If you can, **switch on your webcam**

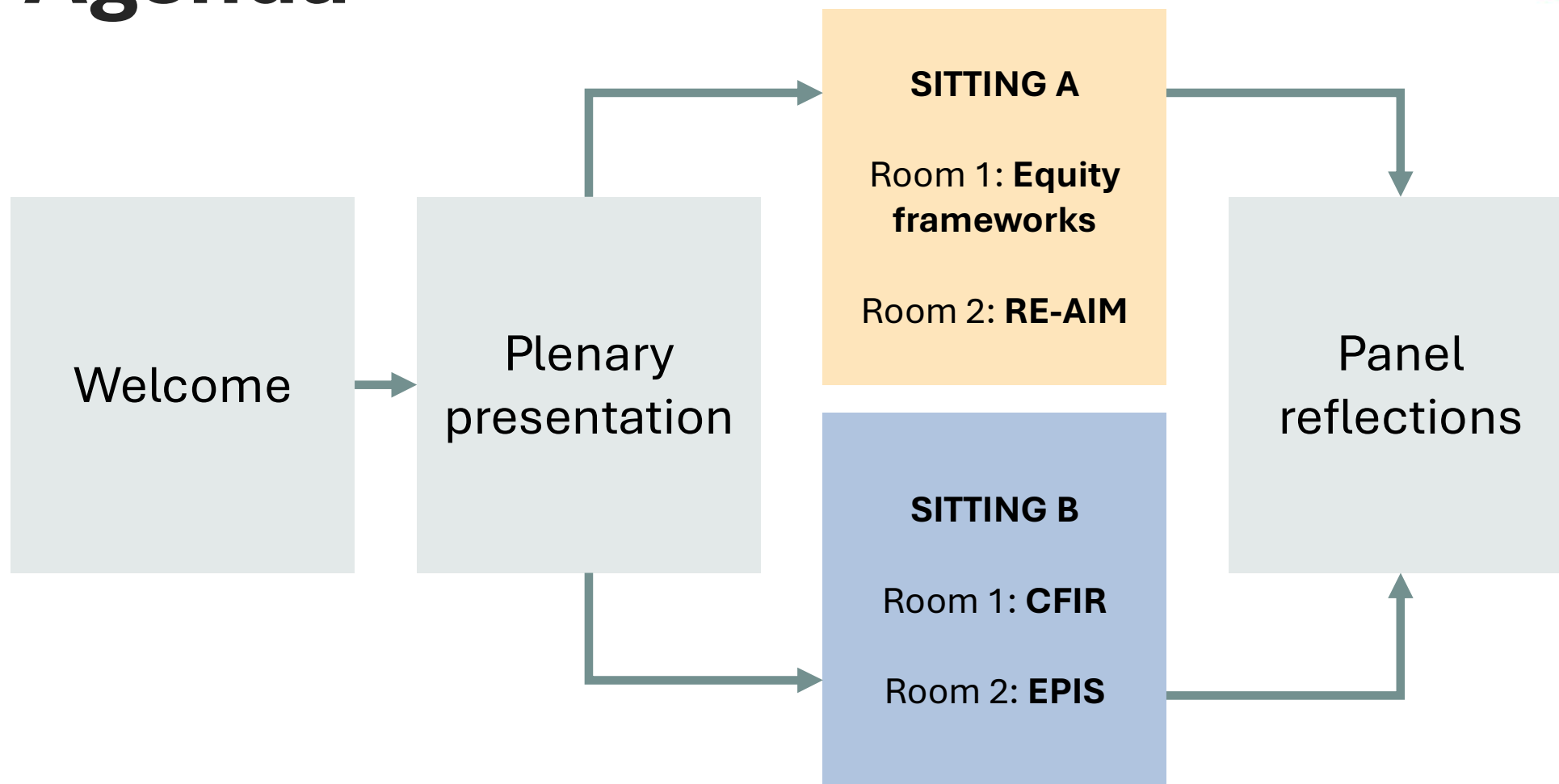
 To reduce background noise, **please mute yourself** when not asking a question or making a comment

 **Please use the 'raise hand' reaction** to ask a question or make a comment

 You can use the **chat box** at any time to share a comment or reflection

 Slides and links to resources will be available on the GACD website after the event

Agenda





National Health and Medical Research Council, Australia



Sao Paulo Research Foundation, Brazil



Canadian Institutes of Health Research



European Commission



Indian Council of Medical Research



Agency for Medical Research and Development, Japan



Health Research Council of New Zealand



South African Medical Research Council



Health Systems Research Institute, Thailand



UK Medical Research Council



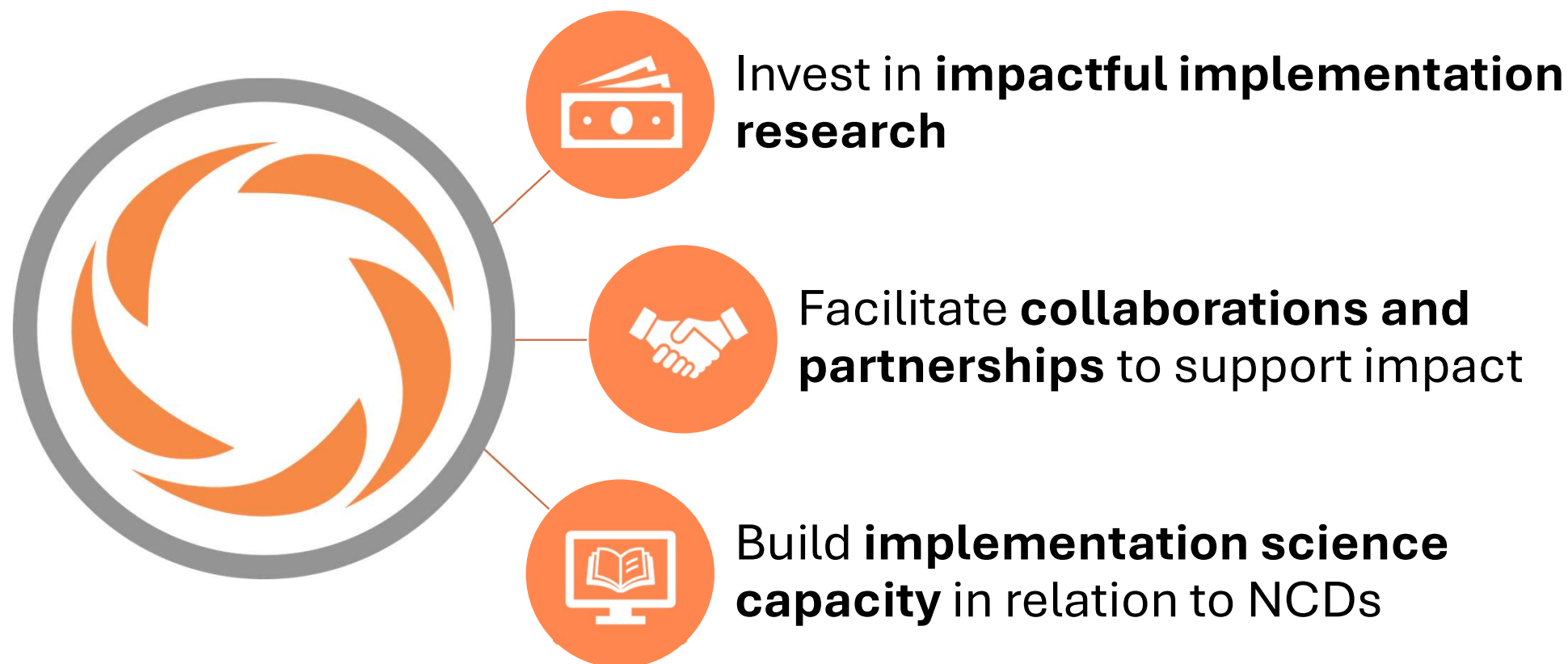
UK Department of Health and Social Care

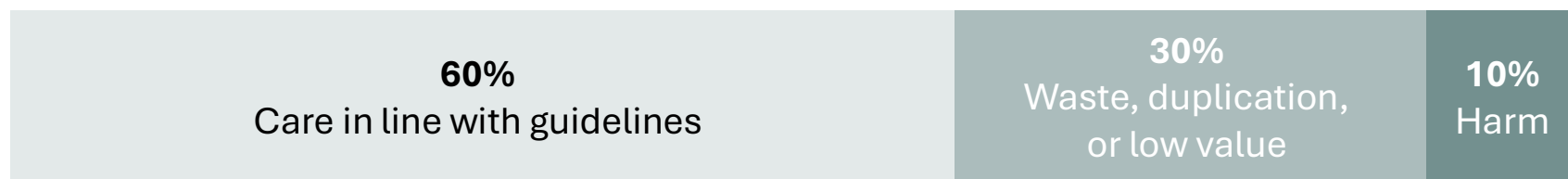


US National Institutes of Health

www.gacd.org/about/people-and-organisation/associate-members

GACD's strategic objectives





Braithwaite, Glasziou & Westbrook (2020) BMC Med 18, 102

In the past two decades, it has been estimated that **more than half of cancers could have been prevented** by applying knowledge that we already have

Emmons and Colditz (2017) N Engl J Med 376(10):986-990.

GACD has invested US \$375+ million

2012

2024

\$22
million

Hyper-
tension

15 projects

\$27
million

Diabetes

17 projects

\$60
million

Lung
Diseases

17 projects

\$58
million

Mental
Health

34 projects

\$51
million

Scale Up

27 projects

\$57
million

Cancer

26 projects

\$68
million

Life
Course

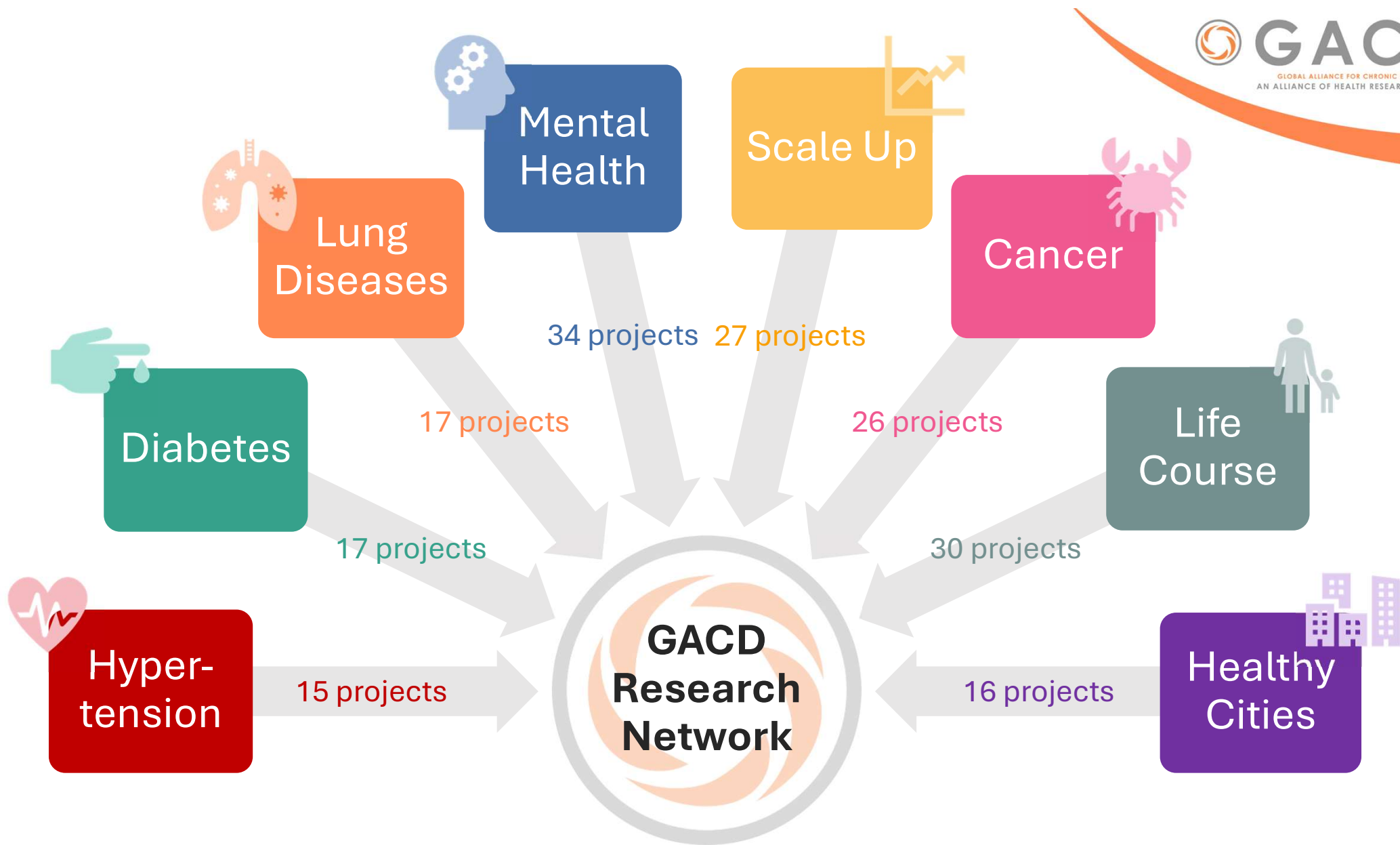
30 projects

\$39
million

Healthy
Cities

16 projects

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Ongoing and future funding calls



2024–2025

Multimorbidity and long-term conditions



2025–2026

Health systems



2026–2027

Non-healthcare settings



2027–2028

Children and adolescents

For more info,
please visit:
[www.gacd.org/
funding](http://www.gacd.org/funding)



Image source: Pixabay



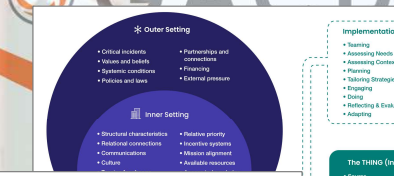
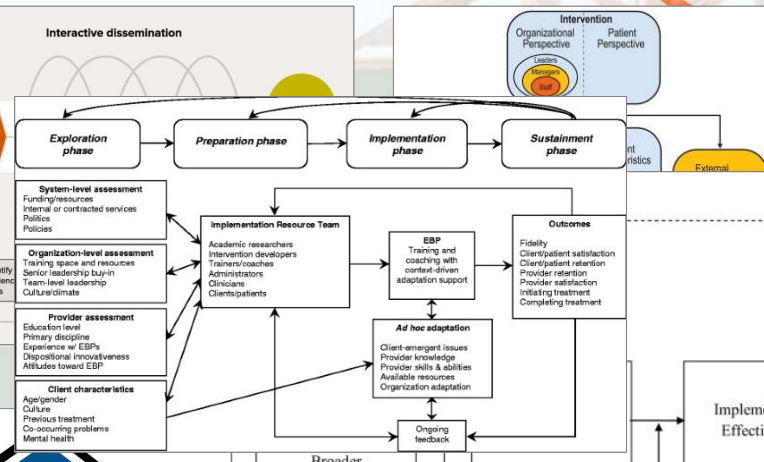
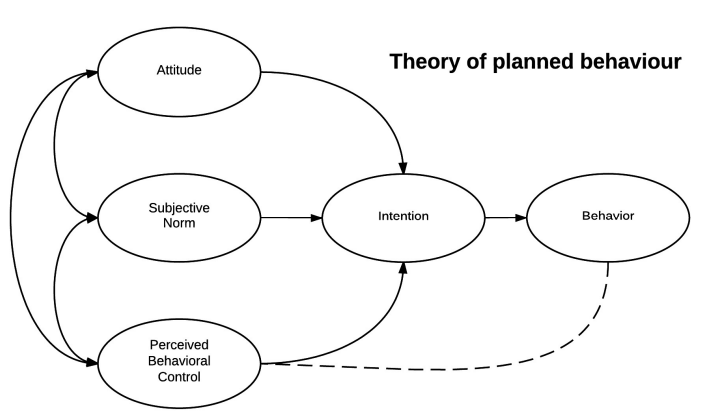
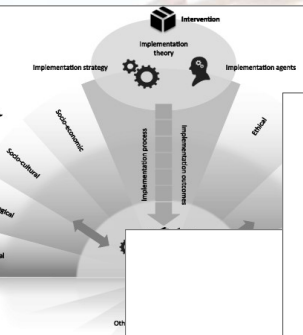
Theories



Models



Frameworks

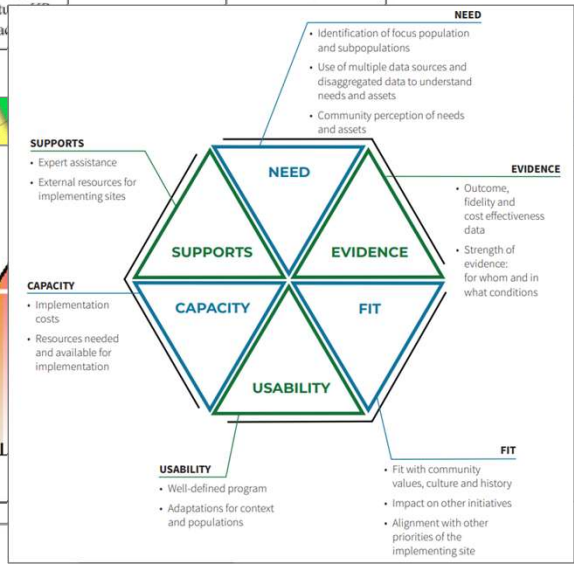
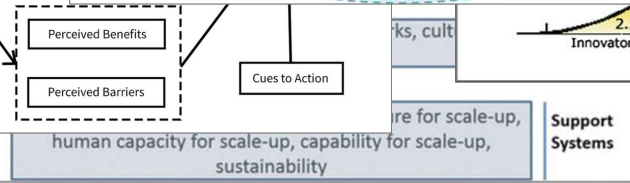
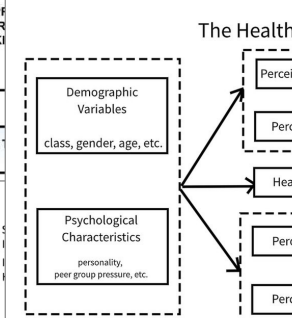
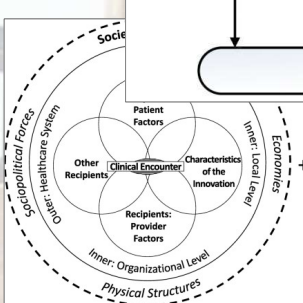
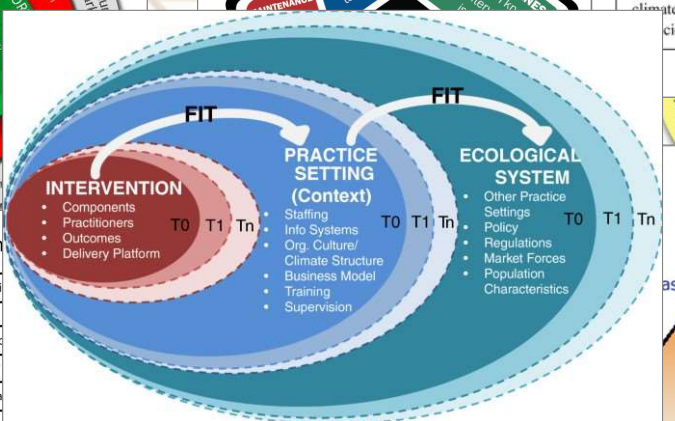
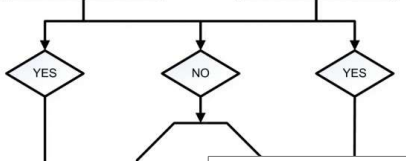


Develop and optimise the intervention

NPT analysis

Is the intervention sufficiently likely to normalise to be worth evaluating?

Are trial procedures sufficiently likely to normalise to make trial feasible?



2.5% Innovators

13.5% Early Adopters

* Briefly mentioned in text, but not focus of the theory

Grab your phone
(or open a browser window)

1



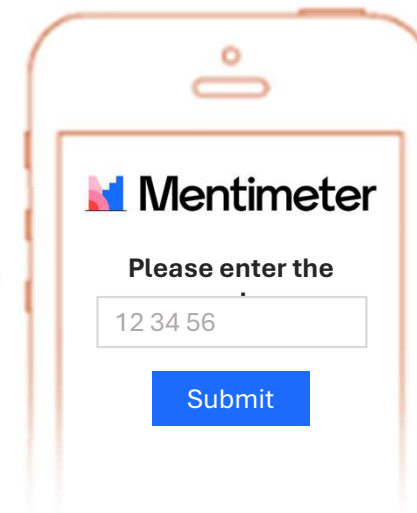
Go to www.menti.com

2

 www.menti.com

Enter the code

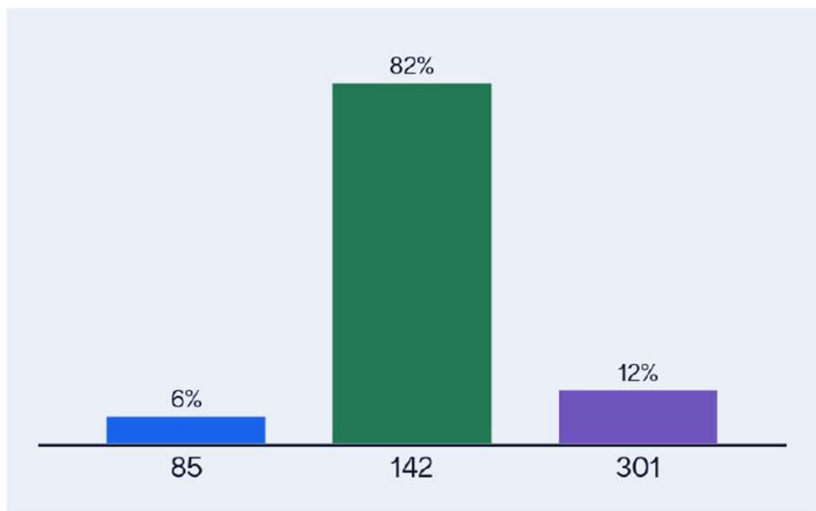
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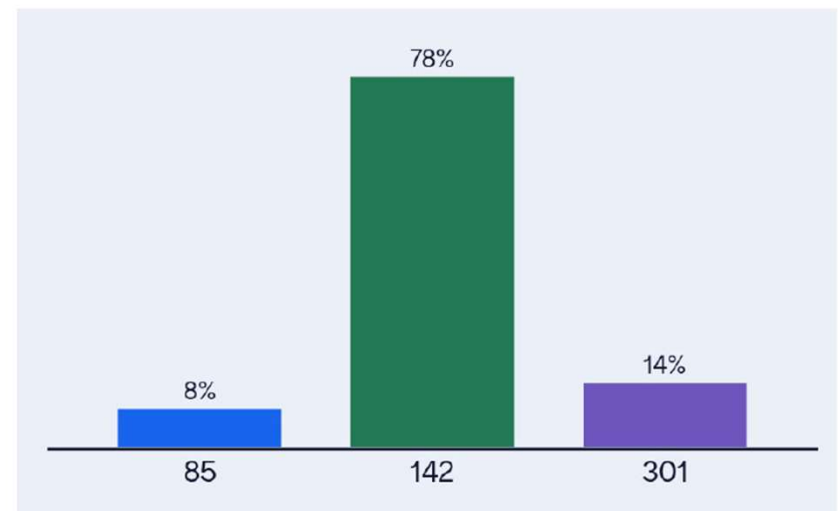
Your phone (or browser window) will be like a games console for the voting

How many TMFs did Wang and colleagues identify and include in their recent scoping review?

Sitting A



Sitting B



Should we try to diversify (have more) or consolidate (have fewer) the TMFs we use?

Sitting A



Sitting B



Plenary presentation – Sitting A Advancing theories, models, and frameworks

Jaime Miranda – University of Sydney, Australia

Implementation Research Theories, Models & Frameworks workshop

J. Jaime Miranda, MD, MSc, PhD, FFPH

Global Alliance for Chronic Diseases

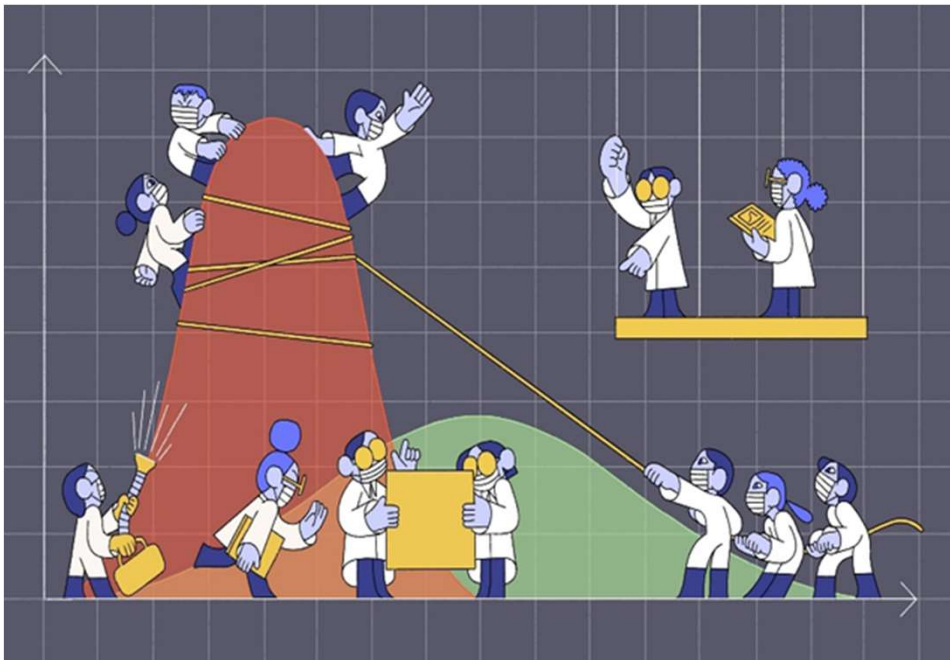
12 June 2024

Conflicts of interests

- Funding
 - Wellcome, NIH, MRC, AHPSR/WHO, Bloomberg Philanthropies, CONCYTEC, GCC, IDRC, SNF, NIHR, NHMRC
 - No pharma funding
- @jjaimemiranda



With thanks to



J. Jaime Miranda @jjaimemiranda · Aug 9

...

"If on one hand the pandemic forced people off the streets, on other hand it exacerbated all of these problems," [\[#LatinAmerica\]](#) a region that has 8.4% of the global **population** but has suffered 32% of Covid deaths."



'New wave of volatility': Covid stirs up grievances in Latin America
A new series on Covid's global political impact starts by looking at how the pandemic has fuelled turbulence in Latin America and the ...
theguardian.com

www.cronicas-upch.pe

Our values

Generosity

Innovation

Integrity

Quality



Nature in 2018

“CRONICAS has evolved into one of Latin America’s leading NCD research centres...

“A model of interdisciplinary research that is scarce in any part of the world”

Source: <https://www.nature.com/articles/d41586-018-06974-1>



Peru has struggled to get a handle on the geographical distribution of non-communicable diseases throughout the nation. Credit: Jacob

Implementation Science

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Definitions of *Implementation Science*

- “the scientific study of methods to promote the systematic uptake of research findings and other evidence-based practices into routine practice, and, hence, to improve the quality and effectiveness of health services” *Implementation Sci* 2006;1:1.
- “This field incorporates a scope broader than traditional clinical research, focusing not only at the patient level but also at the provider, organization, and policy levels of healthcare” *BMC Psychol* 2015; 3(1): 32.

The 'Know-Do' Gap

Implementation research takes what we know and turns

Implementation science is the study of the methods and research uptake into practice. Implementation science is and middle-income countries, where it can help ensure t invested in cost-effective interventions.

Implementation research is needed to account for the co in which interventions are implemented since other appr address these. Results of implementation research supp policymaking that can build robust programmes to imprc

“Implementation science examines what works, for whom and under what circumstances”

Source: <https://www.gacd.org/about/what-we-do/implementation-science>

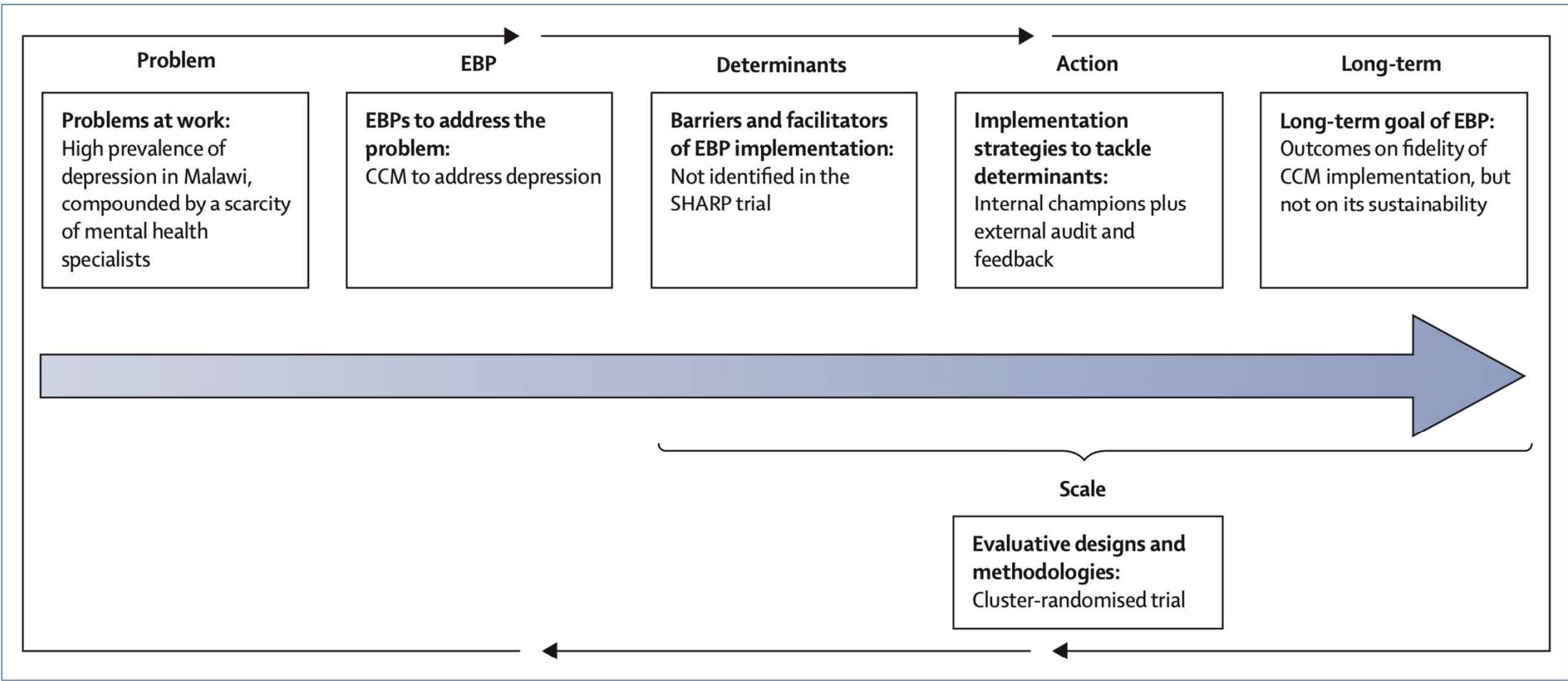


Figure: The SHARP trial illustrated with the PEDALS framework
 EBP=evidence-based practice. CCM=collaborative care model.

How do I imagine it?

Discovery science



Reality



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• • •



Play (k)

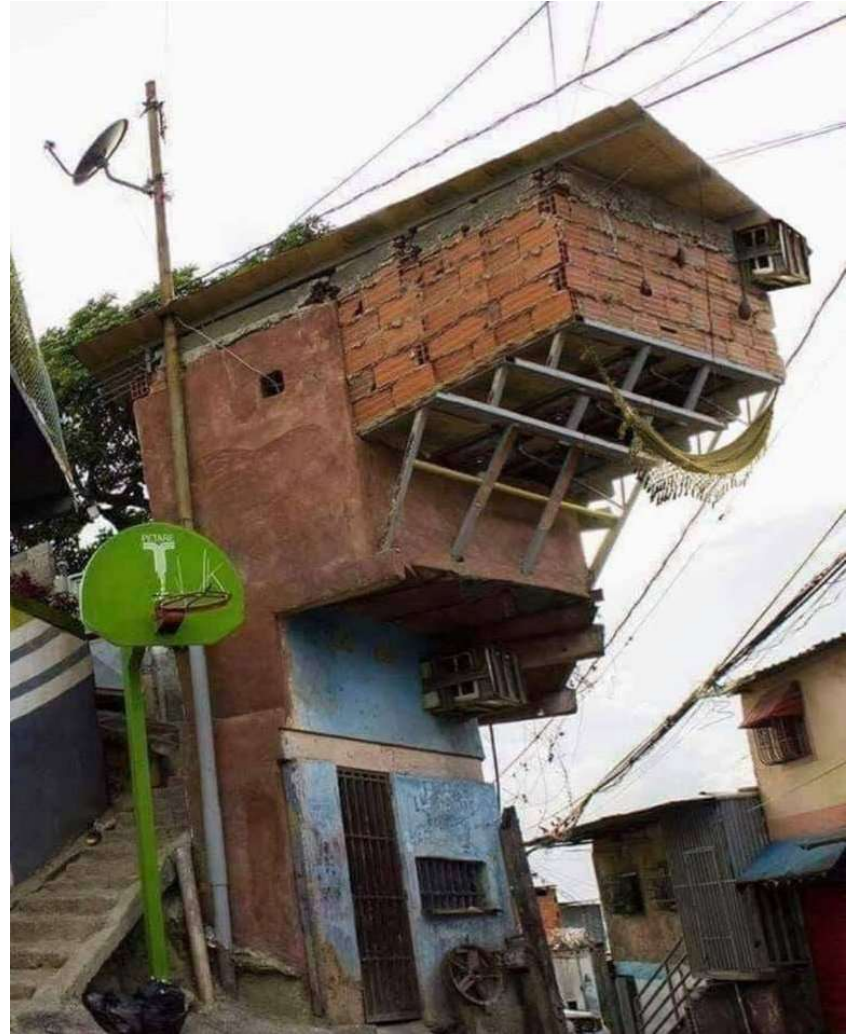
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Implementation science



The health system

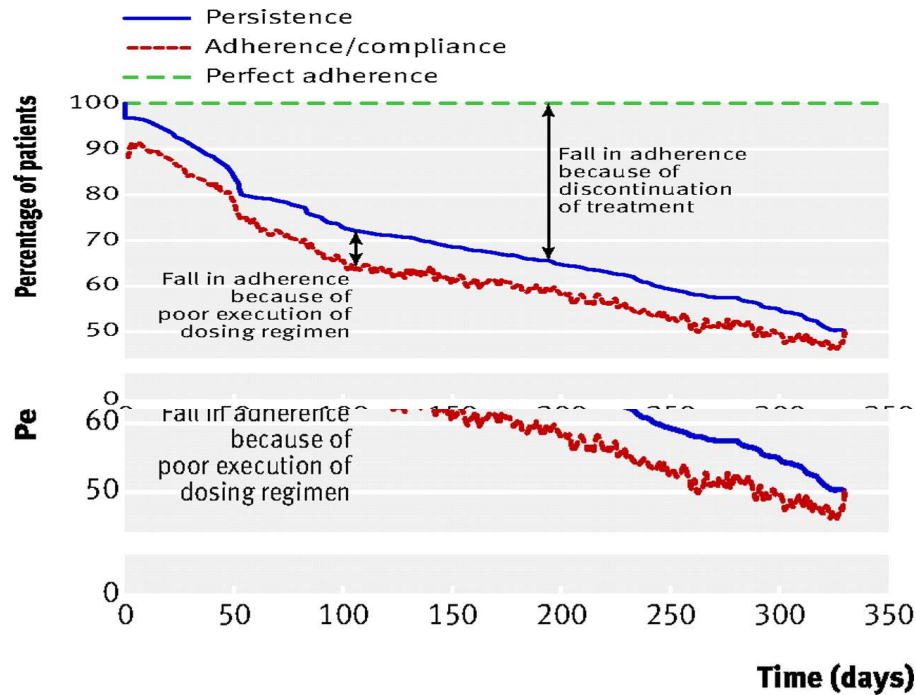
Again, in my mind



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What does it mean for the health system?

But, if we know already, its so simple!



No of patients remaining in study

3108	980	828	618	474	400	331
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BMJ 2008;336:1114-1117

Out of Hours Inadequate glycaemic control in LMIC: health system failures in Peru



Photo: Socios en Salud, Sucursal Perú ©SES 2014.

Worldwide, 80% of patients with diabetes reside in low- and middle-income countries

waited 2 hours before seeing a physician with the consultation lasting 15 minutes.³ The physician spent much of this time filling in long clinical forms, and little time talking directly with Lucho. With such limited physician-patient interaction, Lucho wasn't able to ask any of the many questions he considered important. At the end of the appointment, the physician gave him a prescription for metformin and captopril, and a list of required laboratory tests, with a return visit scheduled for 3 months later. Once out of the doctor's office, Lucho went to the hospital's laboratory, where he was told to return in 2 days to conduct the laboratory tests.

Once home, Lucho felt stressed and had

ADDRESS FOR CORRESPONDENCE

J Jaime Miranda
 CRONICAS – Centro de Excelencia en Enfermedades Crónicas, Universidad Peruana Cayetano Heredia, Av. Armendáriz 497, 2do Piso, Miraflores, Lima 18, Peru.
 E-mail: jaime.miranda@upch.pe

Alvaro Taype-Rondan,
 Research Fellow, CRONICAS Centre of Excellence in Chronic Diseases, Universidad Peruana Cayetano Heredia, Lima, Peru.

Maria Lazo-Porras,
 Research Fellow, CRONICAS Centre of Excellence in Chronic Diseases, Universidad Peruana Cayetano Heredia, Lima, Peru.

Br J Gen Pract 2016;66(645):197.

And... immediate failures are in front of us!



RESEARCH ARTICLE

Adherence to Pharmacotherapy and Medication-Related Beliefs in Patients with Hypertension in Lima, Peru

Marta Fernandez-Arias^{1,2,3*}, Ana Acuna-Villaorduna^{1,3,4,5*}, J. Jaime Miranda^{1,4}, Francisco Diez-Canseco¹, German Malaga^{1,3,4,5}

1. CRONICAS Centre of Excellence in Chronic Diseases, Universidad Peruana Cayetano Heredia, Lima, Peru, 2. Global Health, Brighton and Sussex Medical School, Brighton, United Kingdom, 3. Unidad de Conocimiento y Evidencia, Universidad Peruana Cayetano Heredia, Lima, Peru, 4. Facultad de Medicina "Alberto Hurtado", Universidad Peruana Cayetano Heredia, Lima, Peru, 5. Servicio de Medicina Interna, Hospital Nacional Cayetano Heredia, Lima, Peru

*ana.acuna.vi@gmail.com

↪ These authors contributed equally to this work.

*† These authors are joint first authors on this work.



OPEN ACCESS

Citation: Fernandez-Arias M, Acuna-Villaorduna A, Miranda JJ, Diez-Canseco F, Malaga G (2014) Adherence to Pharmacotherapy and Medication-Related Beliefs in Patients with Hypertension in Lima, Peru. *PLoS One* 9(12): e112875. doi:10.1371/journal.pone.0112875

PLoS One 2014;9(12):e112875.

Human Organization, Vol. 78, No. 1, 2019
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0018-7259/19/010085-12

“It is Not Easy Living with This Illness”: A Syndemic Approach to Medication Adherence and Lifestyle Change among Low-income Diabetes Patients in Lima, Peru

M. Amalia Pesantes, Anne Tetens, Adela Del Valle, and J. Jaime Miranda

This study analyzes the experiences of low-income people living with type 2 diabetes in Lima, Peru. We use a syndemic approach to describe and discuss their challenges in following physicians' recommendations around medication adherence and dietary changes. We use the concept of “burden of treatment” to analyze patients' stories and to understand the complexity of medication adherence and dietary changes in a middle-income country where the health system is still unprepared to provide chronic care. Analysis demonstrates that emotional, socioeconomic, and structural components play a role in patients' capabilities for following the prescribed recommendations. We show that patient's illness experiences are intimately linked to the capacity of the local health system to attend to their needs but are not always acknowledged when promoting self-management behaviors. Our study shows the relevance of a syndemics approach for understanding the interaction between individual and structural factors to make suggestions for improving the management of diabetes and the overall experience of chronicity.

Human Organization 2019;78(1)

The experience of individuals and their families

Arriving to health services



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The experience of individuals and their families

After leaving health services



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Research adventures

The importance of context



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RESEARCH ARTICLE

REVISED

Foot thermometry with mHeath-based supplementation to prevent diabetic foot ulcers: A randomized controlled trial

Maria Lazo-Porras ¹, Antonio Bernabe-Ortiz ^{1,2}, Alvaro Taype-Rondan¹, Robert H. Gilman^{3,4}, German Malaga^{1,5}, Helard Manrique⁶, Luis Neyra⁶, Jorge Calderon⁶, Miguel Pinto⁷, David G. Armstrong⁸, Victor M. Montori⁹, J. Jaime Miranda ^{1,5}

Effect of salt substitution on community-wide blood pressure and hypertension incidence

Antonio Bernabe-Ortiz¹, Víctor G. Sal y Rosas², Vilarmina Ponce-Lucero ¹, María K. Cárdenas¹, Rodrigo M. Carrillo-Larco^{1,3}, Francisco Diez-Canseco¹, M. Amalia Pesantes¹, Katherine A. Sacksteder⁴, Robert H. Gilman⁴ and J. Jaime Miranda ^{1,5*}

Replacement of regular salt with potassium-enriched substitutes reduces blood pressure in controlled situations, mainly among people with hypertension. We report on a population-wide implementation of this strategy in a stepped-wedge cluster randomized trial ([NCT01960972](https://clinicaltrials.gov/ct2/show/study/NCT01960972)). The regular salt in enrolled households was retrieved and replaced, free of charge, with a combination of 75% NaCl and 25% KCl. A total of 2,376 participants were enrolled in 6 villages in Tumbes, Peru. The fully adjusted intention-to-treat analysis showed an average reduction of 1.29 mm Hg (95% confidence interval (95% CI) (−2.17, −0.41)) in systolic and 0.76 mm Hg (95% CI (−1.39, −0.13)) in diastolic blood pressure. Among participants without hypertension at baseline, in the time- and cluster-adjusted model, the use of the salt substitute was associated with a 51% (95% CI (29%, 66%)) reduced risk of developing hypertension compared with the control group. In 24-h urine samples, there was no evidence of differences in sodium levels (mean difference 0.01; 95% CI (0.25, −0.23)), but potassium levels were higher at the end of the study than at baseline (mean difference 0.63; 95% CI (0.78, 0.47)). Our results support a case for implementing a pragmatic, population-wide, salt-substitution strategy for reducing blood pressure and hypertension incidence.

Primary care setting

Research

JAMA | **Original Investigation**

Effect of a Digital Intervention on Depressive Symptoms in Patients With Comorbid Hypertension or Diabetes in Brazil and Peru Two Randomized Clinical Trials

Ricardo Araya, MD, PhD; Paulo Rossi Menezes, MD, PhD; Heloísa Garcia Claro, PhD; Lena R. Brandt, MA; Kate L. Daley, MSc; Julieta Quayle, PhD; Francisco Diez-Canseco, MPH; Tim J. Peters, PhD; Daniela Vera Cruz, MSc; Mauricio Toyama, BA; Suzana Aschar, BA; Liliana Hidalgo-Padilla, MSc; Hellen Martins, BA; Victoria Cavero, BA; Thais Rocha, BA; George Scotton, MSc; Ivan F. de Almeida Lopes, PhD, MSc; Mark Begale, BA; David C. Mohr, PhD; J. Jaime Miranda, MD, PhD

IMPORTANCE Depression is a leading contributor to disease burden globally. Digital mental health interventions can address the treatment gap in low- and middle-income countries, but the effectiveness in these countries is unknown.

[+ Visual Abstract](#)

[← Editorial page 1839](#)

[← Related article page 1863](#)

Task shifting

Check for updates

ORIGINAL ARTICLE

Chronic Obstructive Pulmonary Disease Self-Management in Three Low- and Middle-Income Countries A Pilot Randomized Trial

Ⓞ Suzanne L. Pollard^{1,2*}, Trishul Siddharthan^{2,4*}, Shakir Hossen^{1,2}, Natalie A. Rykiel^{1,2}, Oscar Flores-Flores^{2,5,6,7}, Patricia Alupo⁸, Shumonta Quaderi⁹, Ivonne Ascencio⁵, Julie A. Barber¹⁰, Ram Chandyo¹¹, Santa K. Das¹², Gonzalo Gianella¹³, Bruce Kirenga⁸, Kelli Grunstra³, J. Jaime Miranda¹⁴, Sakshi Mohan¹⁵, Federico Ricciardi¹⁶, Arun K. Sharma¹¹, Laxman Shrestha¹¹, Marta O. Soares¹⁵, Adaeze C. Wosu², John R. Hurst^{9‡}, and William Checkley^{1,2‡}; for the GEC02 Trial Investigators

¹Division of Pulmonary and Critical Care, ²Center for Global Non-Communicable Disease Research and Training, School of Medicine, and ³School of Nursing, Johns Hopkins University, Baltimore, Maryland; ⁴Division of Pulmonary and Critical Care, Miller School of Medicine, University of Miami, Miami, Florida; ⁵Unidad de Investigación Biomédica, A. B. PRISMA, Lima, Perú; ⁶Facultad de Ciencias de la Salud, Universidad Científica del Sur, Lima, Perú; ⁷Facultad de Medicina Humana, Centro de Investigación del Envejecimiento, Universidad de San Martín de Porres, Lima, Perú; ⁸Makerere Lung Institute, Makerere University, Kampala, Uganda; ⁹University College London Respiratory and ¹⁰Department of Statistical Science, University College London, London, United Kingdom; ¹¹Kathmandu Medical College, Kathmandu, Nepal; ¹²Institute of Medicine, Tribhuvan University, Kathmandu, Nepal; ¹³Facultad de Medicina and ¹⁴Centro de Excelencia en enfermedades crónicas CRONICAS, Universidad Peruana Cayetano Heredia, Lima, Perú; ¹⁵University of York, York, United Kingdom; and ¹⁶Owlstone Medical, Cambridge, United Kingdom



Only RCTs?

Research

JAMA | **Original Investigation**

Discriminative Accuracy of Chronic Obstructive Pulmonary Disease Screening Instruments in 3 Low- and Middle-Income Country Settings

Trishul Siddharthan, MD; Suzanne L. Pollard, PhD, MSPH; Shumonta A. Quaderi, MBBS, BSc; Natalie A. Rykiel, MSc; Adaeze C. Wosu, PhD, MPH; Patricia Alupo, MB, ChB, MMed; Julie A. Barber, PhD; Maria Kathia Cárdenas, MSc; Ram K. Chandyo, PhD; Oscar Flores-Flores, MD, MSc; Bruce Kirenga, MB, ChB, MMed, PhD; J. Jaime Miranda, MD, PhD; Sakshi Mohan, MA; Federico Ricciardi, PhD; Arun K. Sharma, MD; Santa Kumar Das, MD; Laxman Shrestha, MD; Marta O. Soares, PhD; William Checkley, MD, PhD; John R. Hurst, MB, ChB, PhD; for the GECost Study Investigators

IMPORTANCE Most of the global morbidity and mortality in chronic obstructive pulmonary disease (COPD) occurs in low- and middle-income countries (LMICs), with significant economic effects.

OBJECTIVE To assess the discriminative accuracy of 3 instruments using questionnaires and peak expiratory flow (PEF) to screen for COPD in 3 LMIC settings.

- [← Editorial page 126](#)
- [+ Supplemental content](#)
- [+ CME Quiz at jamacmelookup.com](#)

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Article Contents

Abstract

Introduction

Materials and Methods


Results

Discussion

Conclusion

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The Effect of a Priest-Led Intervention on the Choice and Preference of Soda Beverages: A Cluster-Randomized Controlled Trial in Catholic Parishes

J Jaime Miranda, MD, MSc, PhD , Alvaro Taype-Rondan, MD, MSc, Janina Bazalar-Palacios, RN, Antonio Bernabe-Ortiz, MD, MPH, PhD, Dan Ariely, PhD

Annals of Behavioral Medicine, kaz060, <https://doi.org/10.1093/abm/kaz060>

Published: 16 December 2019

- Why theories, models & frameworks?
- Which ones?



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Commentary | [Open access](#) | Published: 13 March 2024

Navigating the field of implementation science towards maturity: challenges and opportunities

[David A. Chambers](#)  & [Karen M. Emmons](#)

[Implementation Science](#) **19**, Article number: 26 (2024) | [Cite this article](#)

4606 Accesses | **21** Altmetric | [Metrics](#)

“The implementation science community should embrace the goal of a “big tent,” in which all partners can contribute to the development and execution of implementation studies.”

Navigating the field of implementation science towards maturity: challenges and opportunities

<https://implementationscience.biomedcentral.com/articles/10.1186/s13012-024-01352-0>

Muchas gracias

Jaime.Miranda@sydney.edu.au

@jjaimemiranda

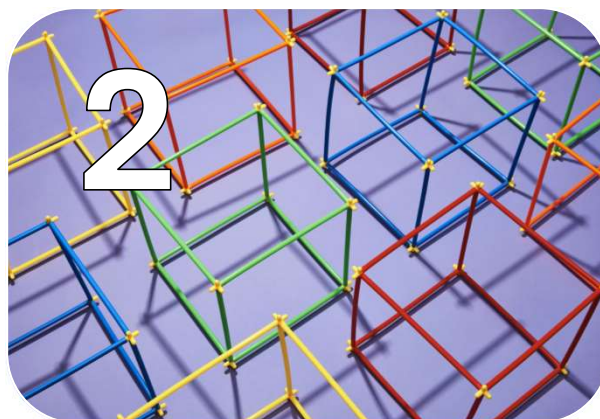
Plenary presentation – Sitting B

Advancing theories, models, and frameworks

Vilma Irazola – Instituto de Efectividad Clínica y Sanitaria (IECS), Argentina



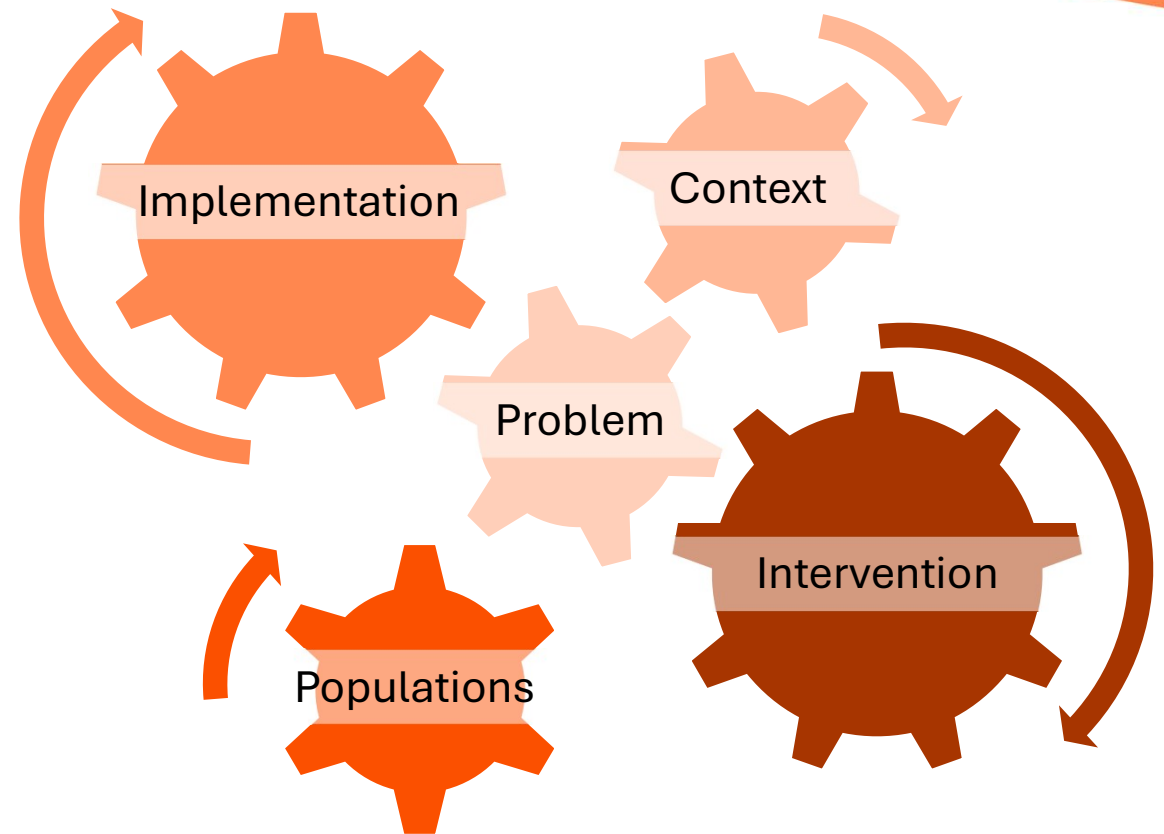
Complexity is part and parcel of implementation science



Implementation science relies on **theories, models, and frameworks**



Some **questions and reflections**



Complexity is part
and parcel of
implementation
science

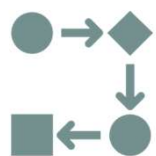
Implementation science relies on theories, models and frameworks



Understand and identify mechanisms of change



Theories of change



Guide the whole process



Process models

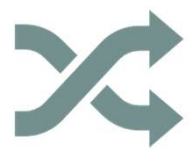


Evaluate process, outcomes, and impact



Evaluation frameworks

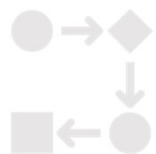
Implementation science relies on theories, models and frameworks



Understand and identify mechanisms of change



Theories of change



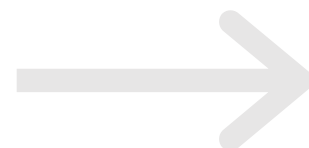
Guide the whole process



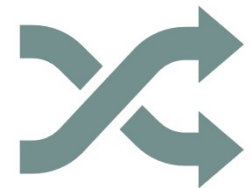
Process models



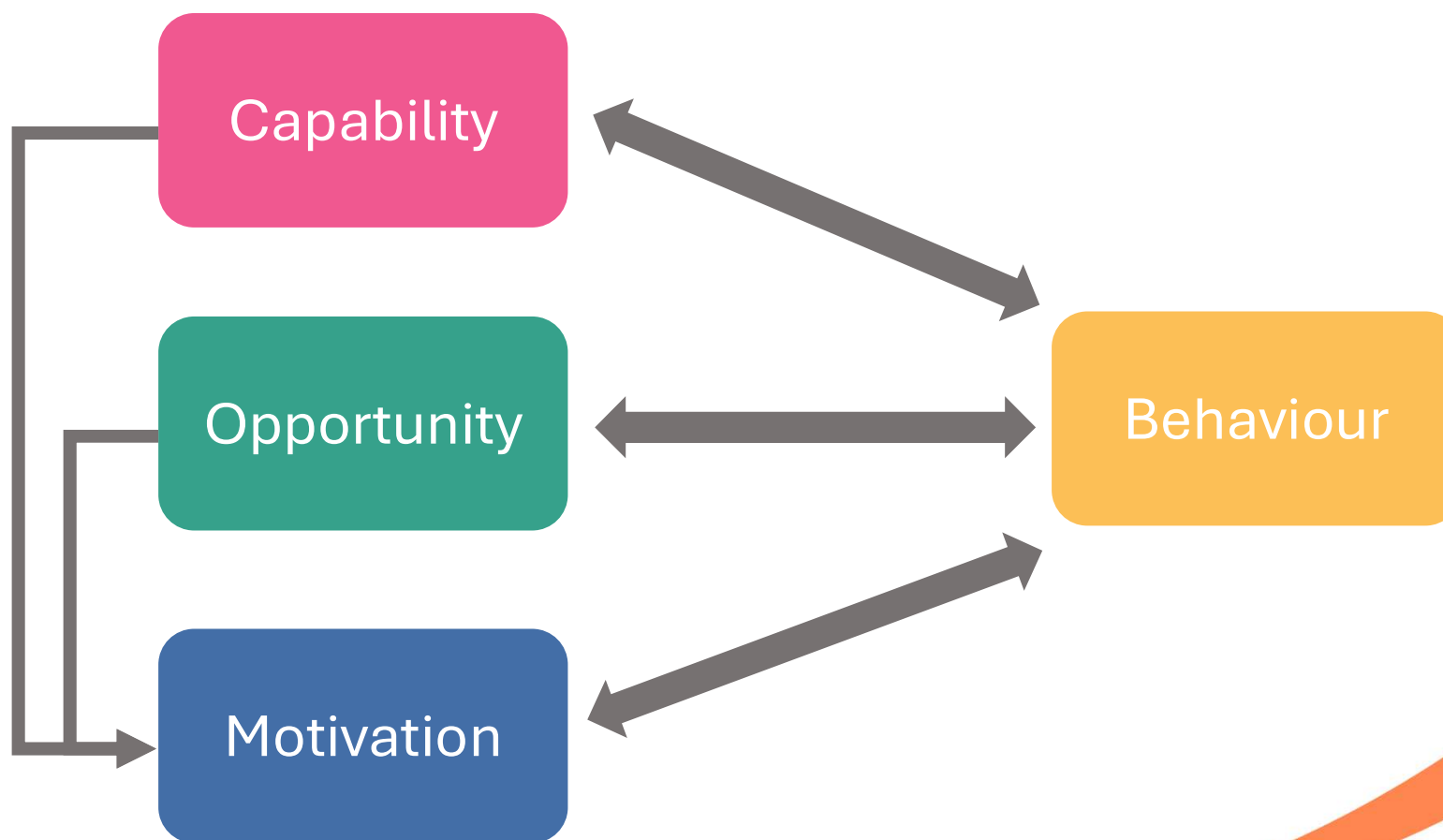
Evaluate process, outcomes, and impact

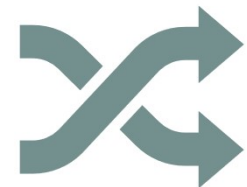


Evaluation frameworks

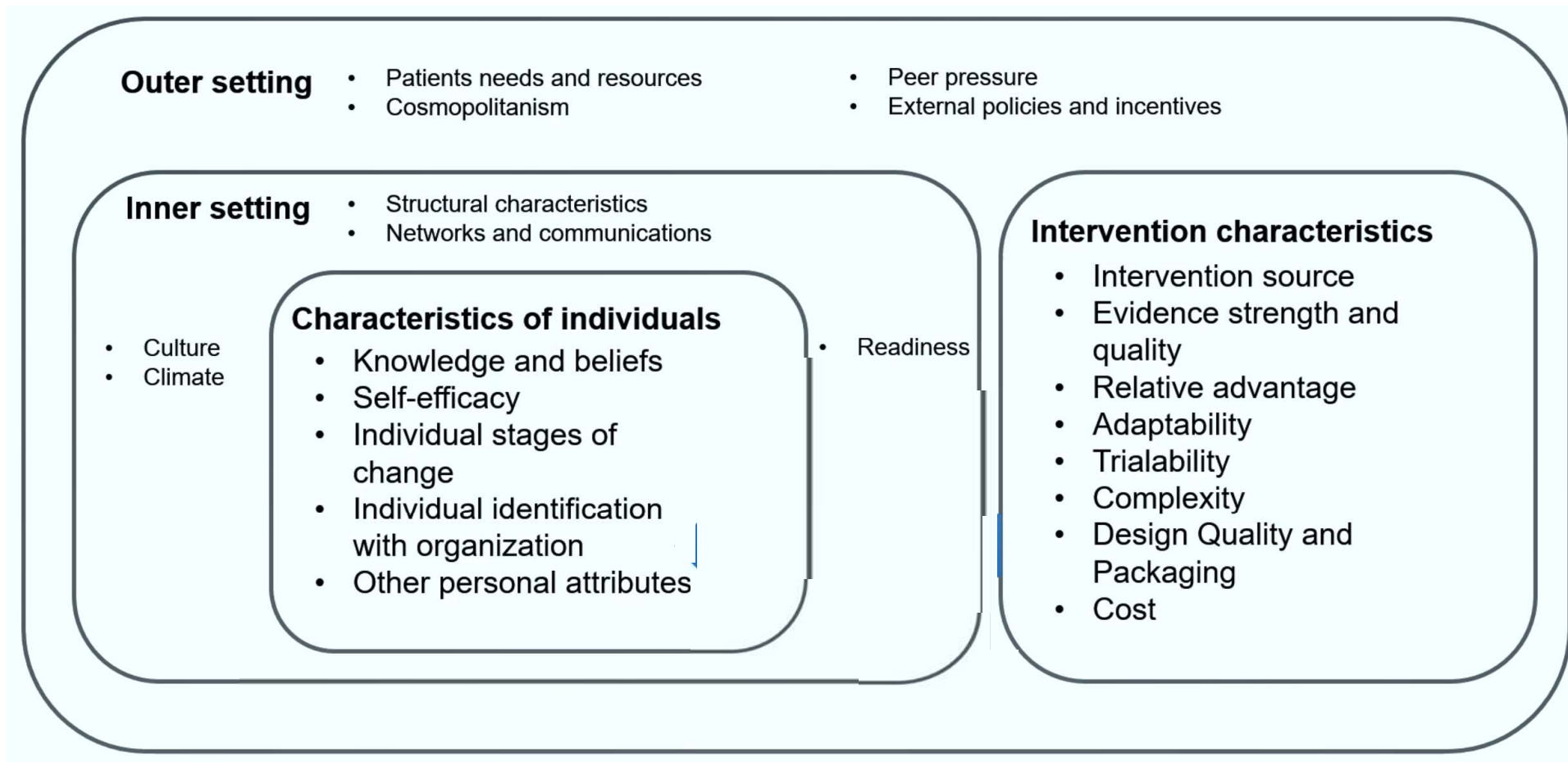


Example of theory of change: **COM-B**





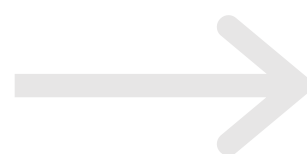
Example of determinant framework: **CFIR**



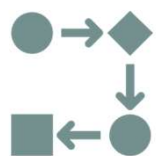
Implementation science relies on theories, models and frameworks



Understand and identify mechanisms of change



Theories of change



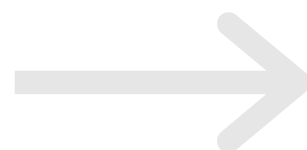
Guide the whole process



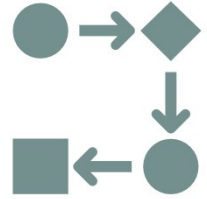
Process models



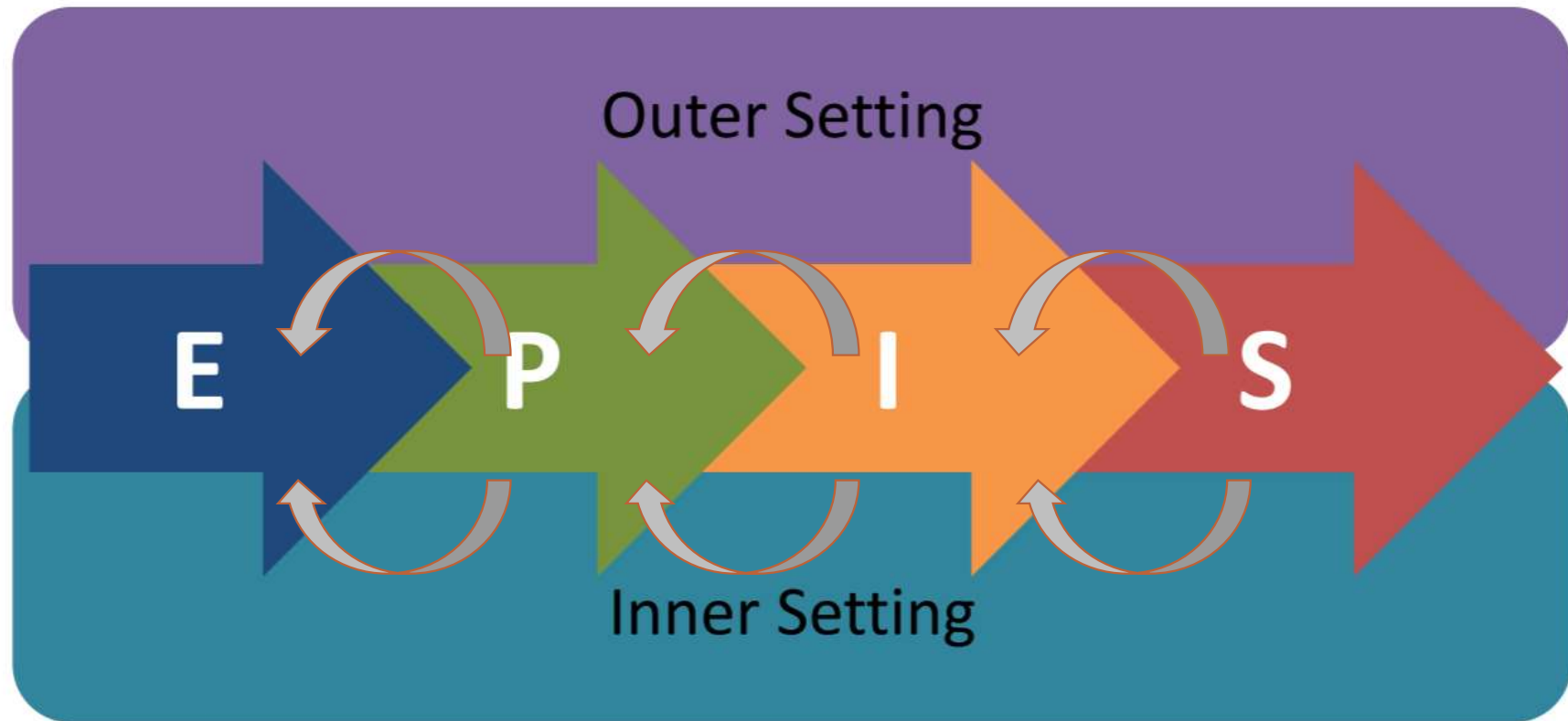
Evaluate process, outcomes, and impact



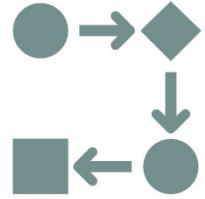
Evaluation frameworks



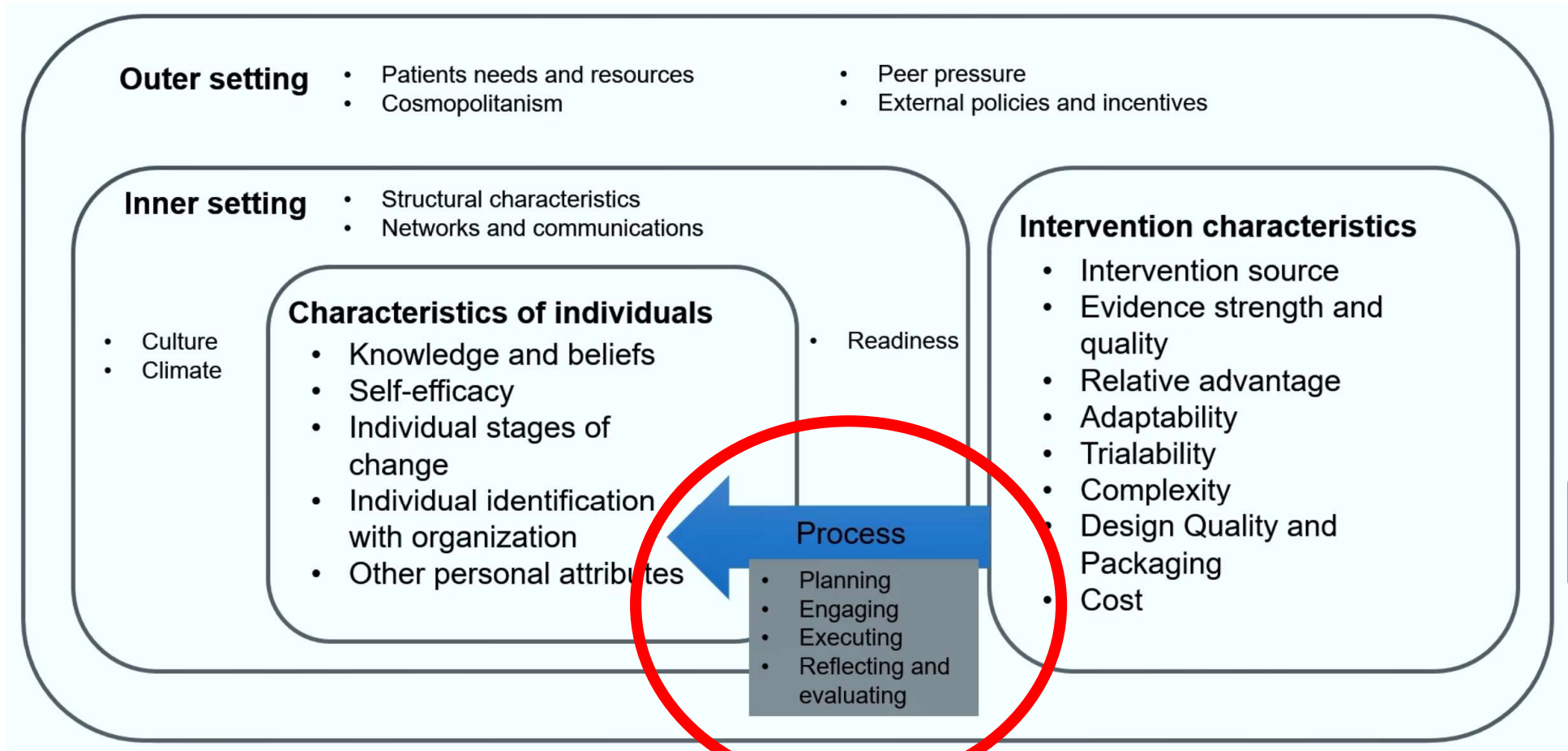
Example of process model: **EPIS**



Exploration, Preparation, Implementation, Sustainment



Example of process model: **CFIR**



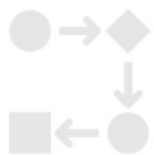
Implementation science relies on theories, models and frameworks



Understand and identify mechanisms of change



Theories of change



Guide the whole process



Process models



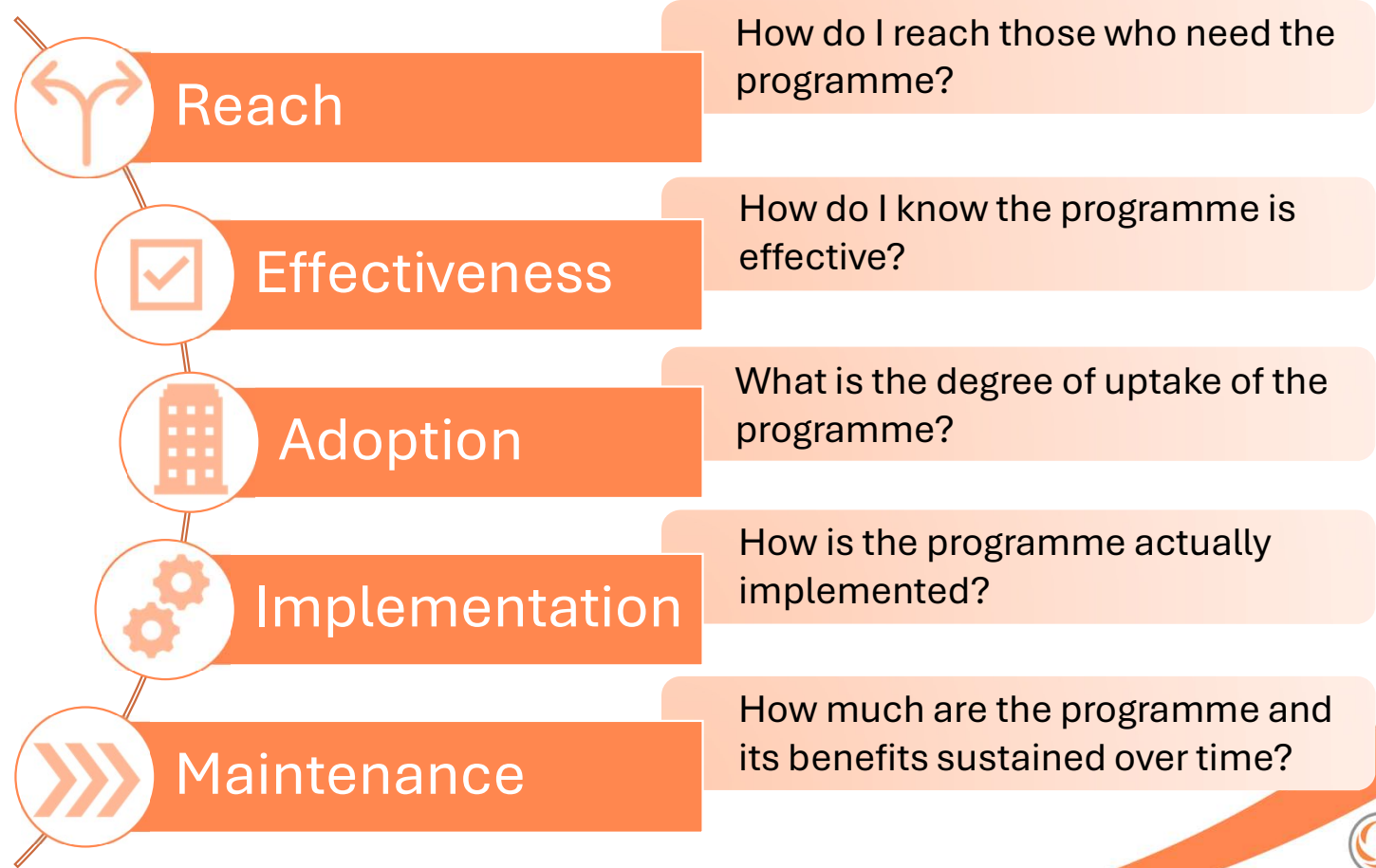
Evaluate process, outcomes, and impact



Evaluation frameworks



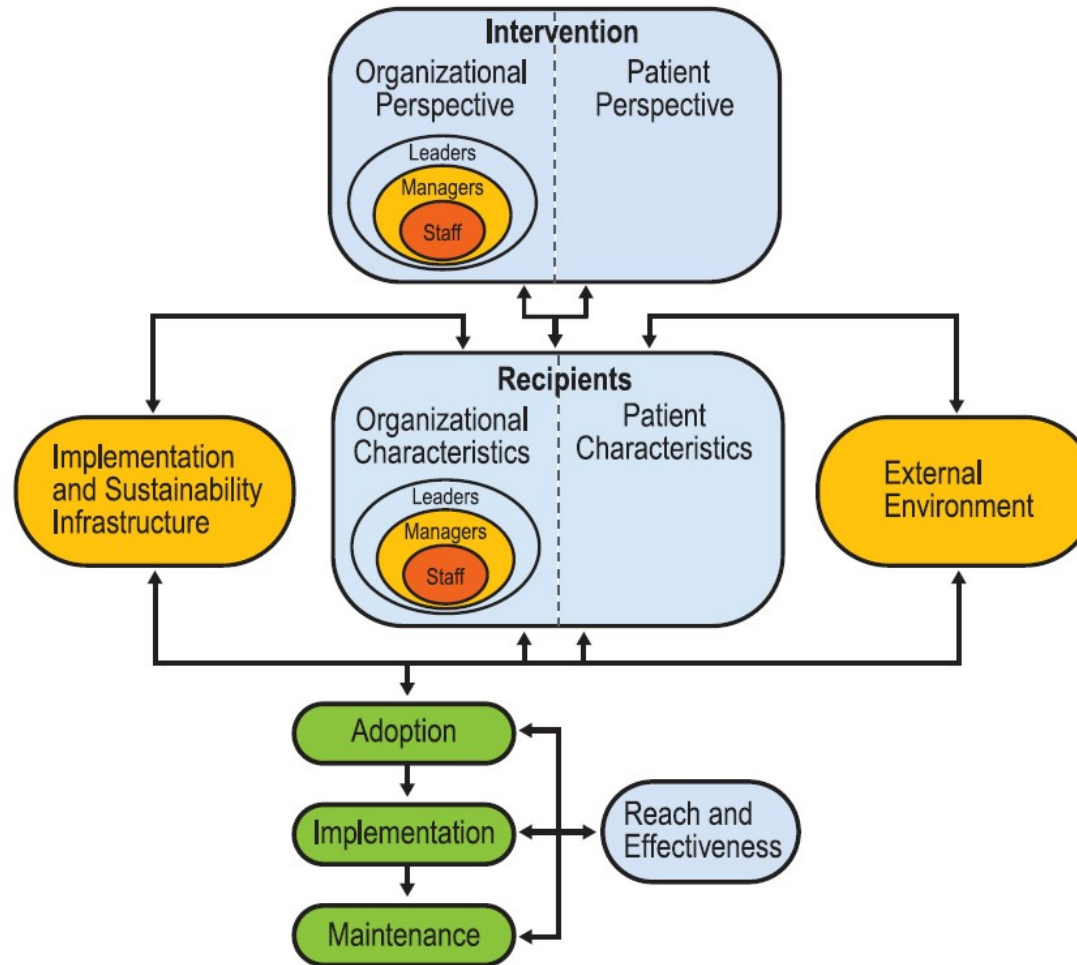
Example of evaluation framework: **RE-AIM**






Example of evaluation framework:

RE-AIM PRISM



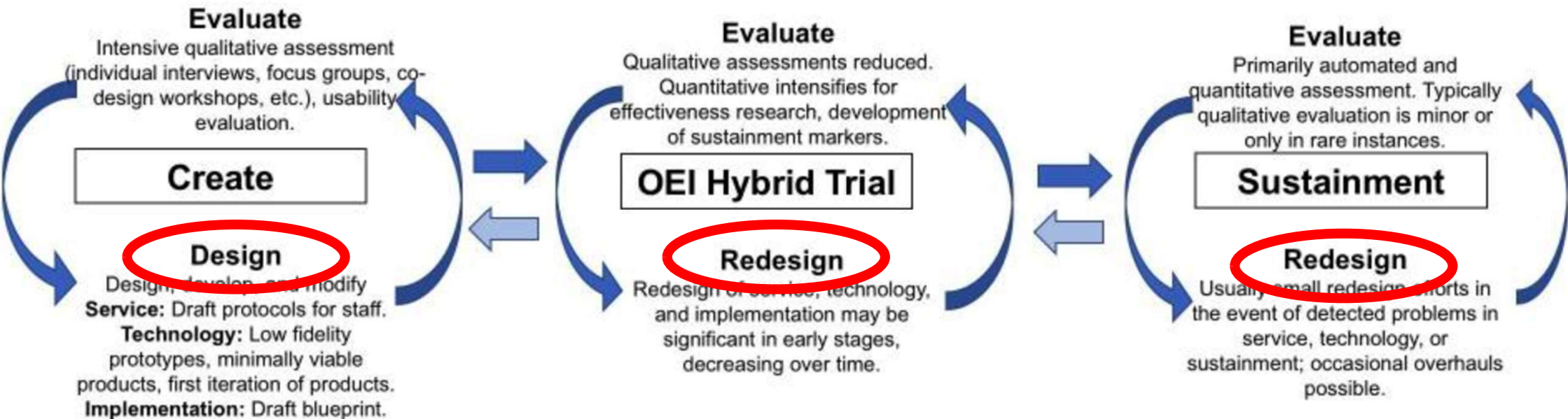
Feldstein & Glasgow, 2008



**Sometimes we need
additional conceptual
frameworks**

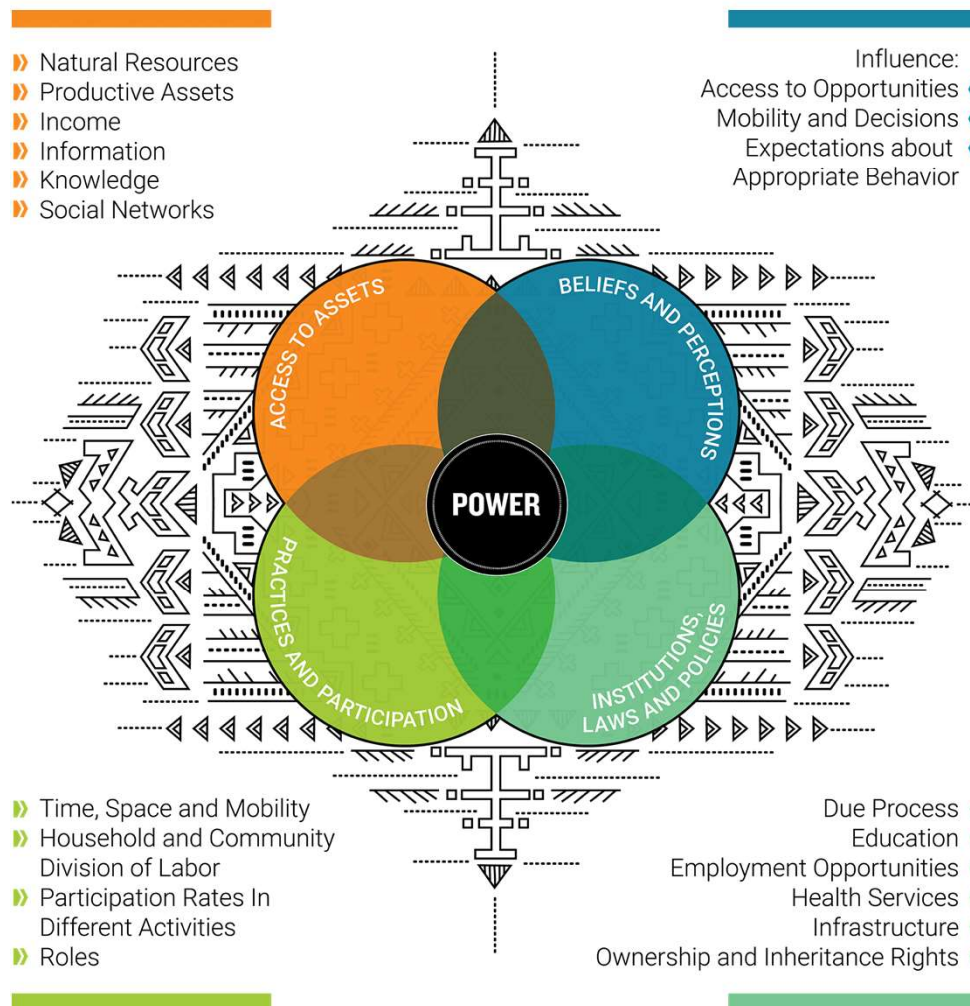
Sometimes we need additional conceptual frameworks: **Digital interventions**

ACTS



Sometimes we need additional conceptual frameworks: **Gender focus**

JHPIEGO

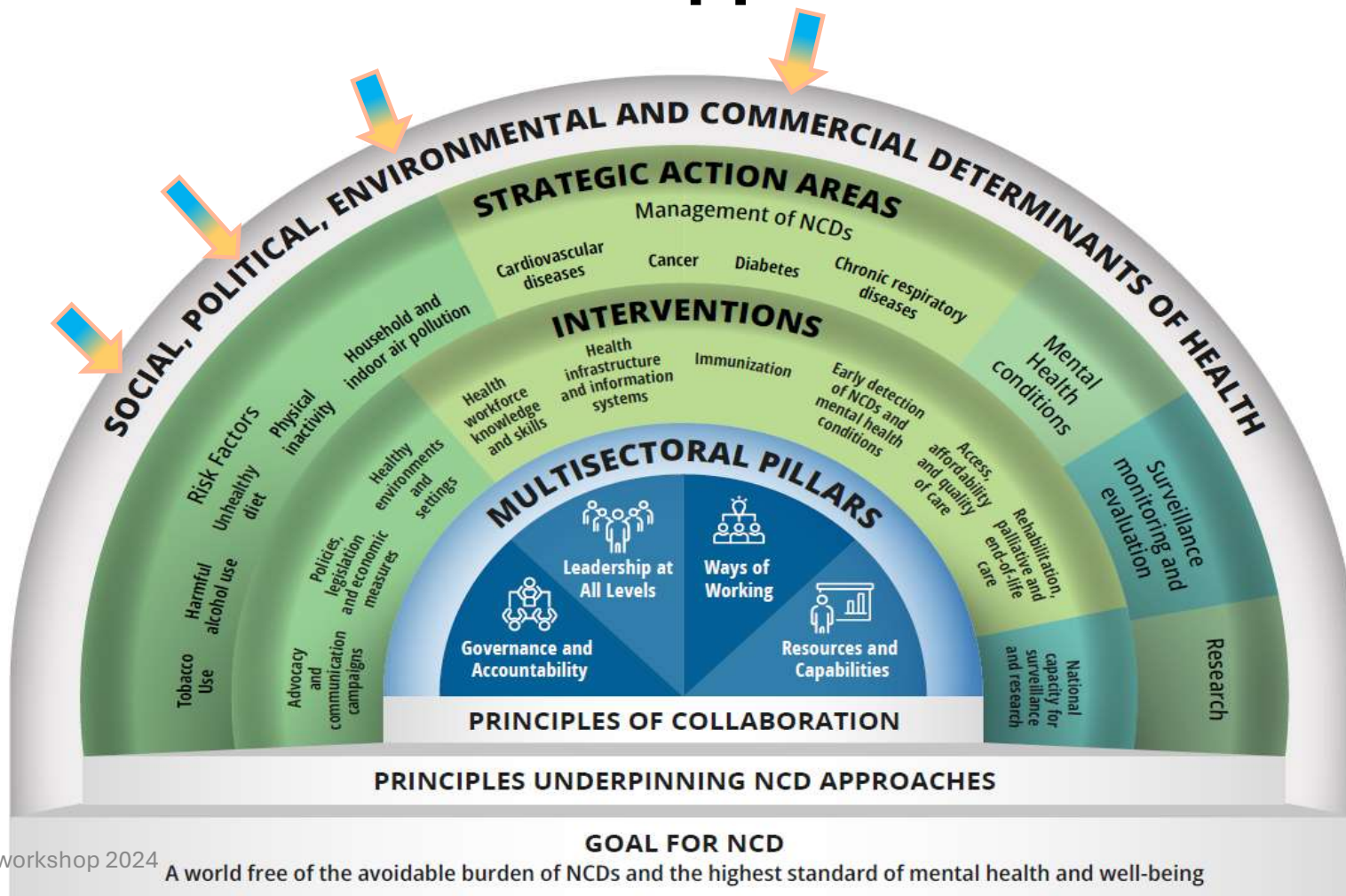


Sometimes we need additional conceptual frameworks: **Equity**

NIMHD Minority Health and Health Disparities Research Framework Health Disparity Populations: Race/Ethnicity, Low SES, Rural, Sexual/Gender Minority Other Fundamental Characteristics: Sex/Gender, Disability, Geographic Region				
Domains of Influence	Levels	of	Influence	
	Individual	Interpersonal	Community	Societal
Biological	Biological Vulnerability and Mechanisms	Caregiver-Child Interaction Family Microbiome	Community Illness Exposure Herd Immunity	Sanitation Immunization Pathogen Exposure
Behavioral	Health Behaviors Coping Strategies	Family Functioning School/Work Functioning	Community Functioning	Policies and Laws
Physical/Built Environment	Personal Environment	Household Environment School/Work Environment	Community Environment Community Resources	Societal Structure
Sociocultural Environment	Sociodemographics Limited English Cultural Identity Response to Discrimination	Social Networks Family/Peer Norms Interpersonal Discrimination	Community Norms Local Structural Discrimination	Societal Norms Societal Structural Discrimination
Healthcare System	Insurance Coverage Health Literacy Treatment Preferences	Patient-Clinician Relationship Medical Decision-Making	Availability of Health Services Safety Net Services	Quality of Care HealthCare Policies
Health Outcomes	Individual Health	Family/Organizational Health	Community Health	Population Health

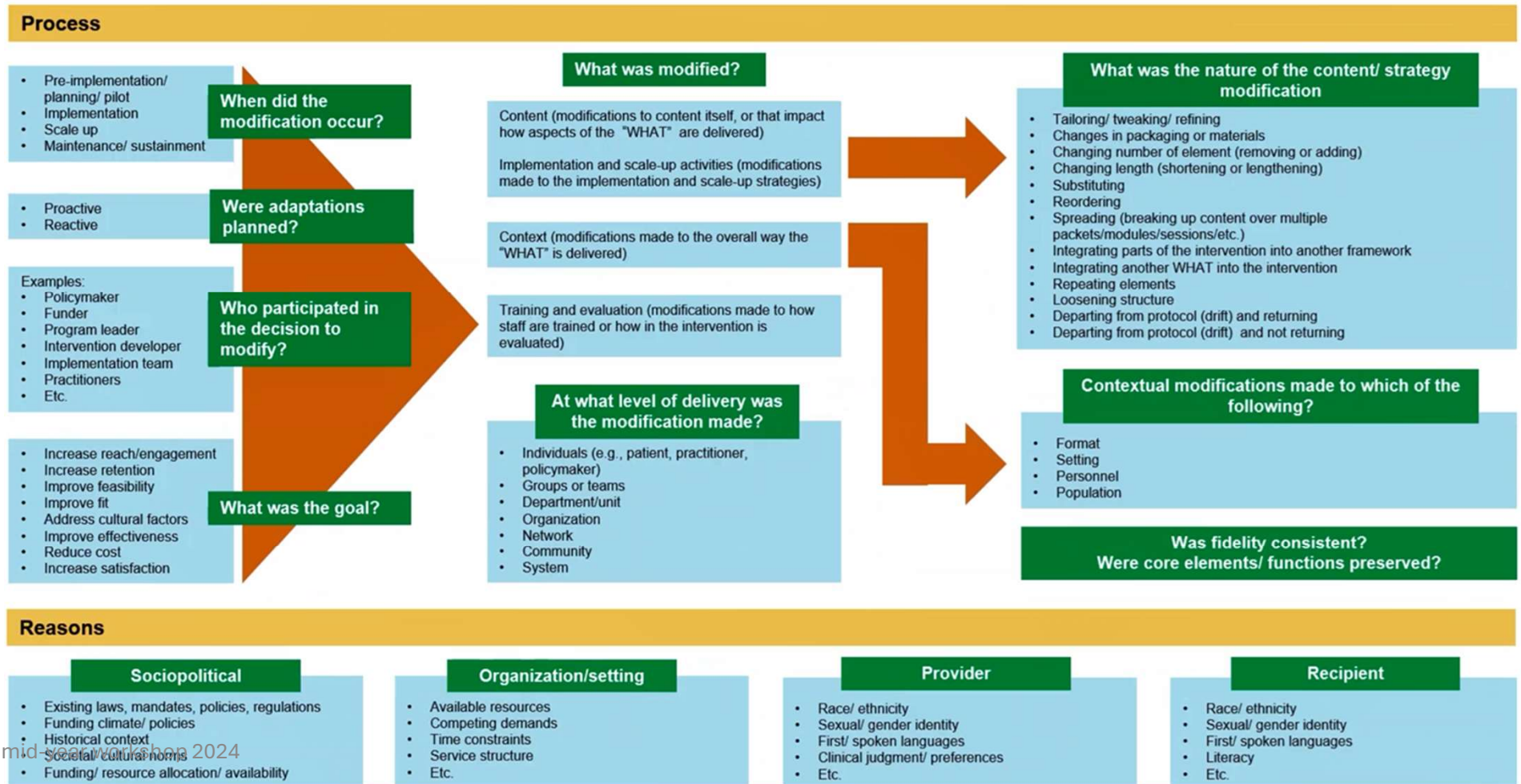


Sometimes we need additional conceptual frameworks: **Multisectoral approach**

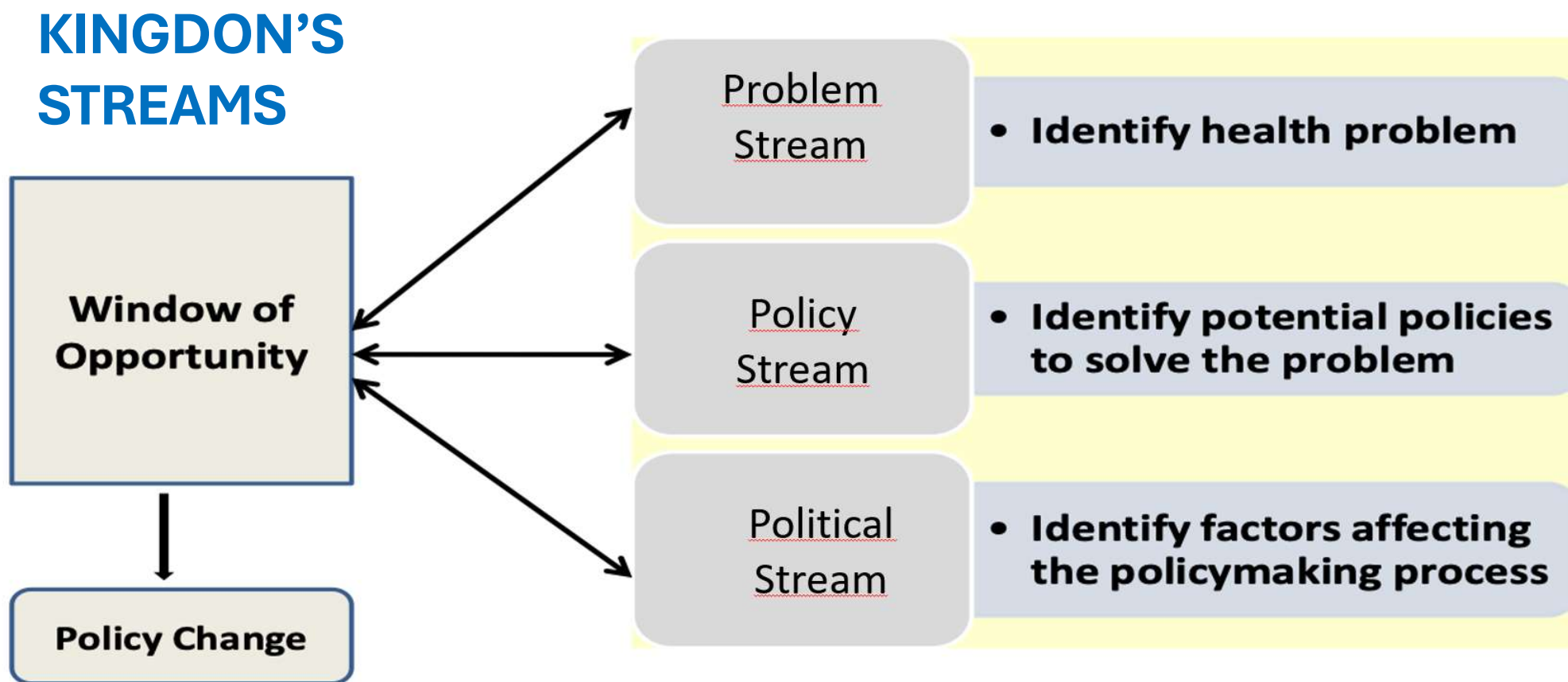


Sometimes we need additional conceptual frameworks: **Adaptation**

FRAME-IR



Sometimes we need additional conceptual frameworks: **Policy**



Questions and reflections...

- Are all frameworks **equal**?
- What counts as **scientific justification** for choosing a framework?
- Should we all be using the **same** ones?

Thank you !!

Vilma Irazola

virazola@iecs.org.ar

virazola@hsph.harvard.edu

Breakout room 1

Equity frameworks

Moderator: Bindu Patel

The George Institute for Global Health, Australia

Speakers:

Sue Crengle

University of Otago, New Zealand

Priscilla Poga

Papua New Guinea Institute of Medical Research,
Papua New Guinea

Andrew Vallely

University of New South Wales, Australia
and PNGIMR, Papua New Guinea

Breakout room 2

The RE-AIM framework

Moderator: Gillian Gould

Southern Cross University, Australia

Speakers:

Urvita Bhatia

Sangath, India *and* London School of Hygiene
and Tropical Medicine, UK

Yashi Gandhi

Sangath, India *and* London School of Hygiene
and Tropical Medicine, UK

Jaap Koot

University of Groningen, Netherlands

Sitting A | Breakout room 1

Equity frameworks

BINDU PATEL (moderator)

The George Institute for Global Health, Australia

SUE CRENGLE

University of Otago, Aotearoa New Zealand

PRISCILLA POGA¹, LISA VALLELY^{1,2},

ANDREW VALLELY^{1,2}

¹Papua New Guinea Institute of Medical Research, Papua New Guinea

²University of New South Wales, Australia

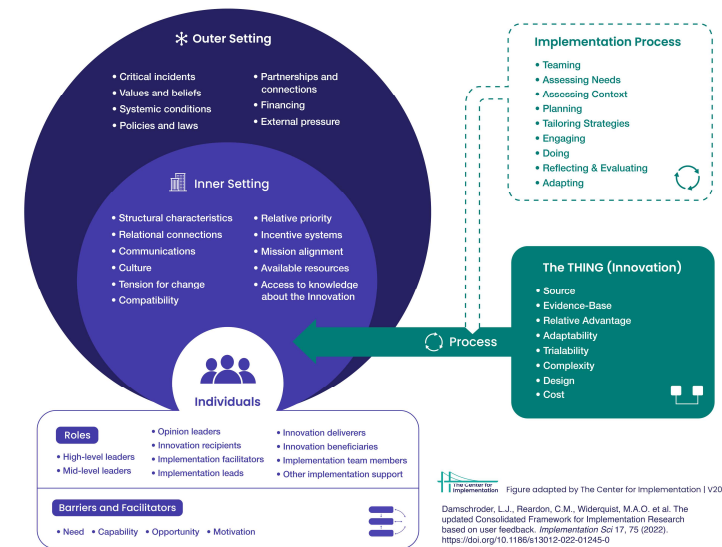
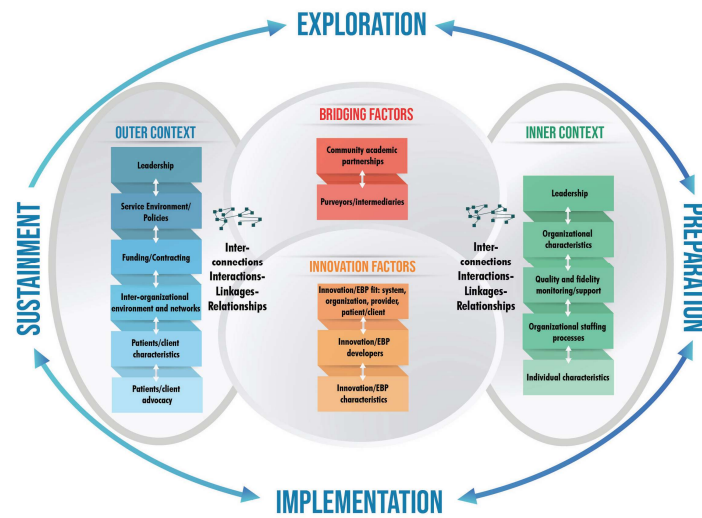


Figure adapted by The Center for Implementation | V2024.01
Damschroder, L.J., Reardon, C.M., Wagerist, M.A.O. et al. The updated Consolidated Framework for Implementation Research based on user feedback. *Implementation Sci* 17, 75 (2022). <https://doi.org/10.1186/s13012-022-01245-0>

Cultural safety?

Unique social and cultural contexts?

Systematically and historically underserved communities?

Social determinants of health?

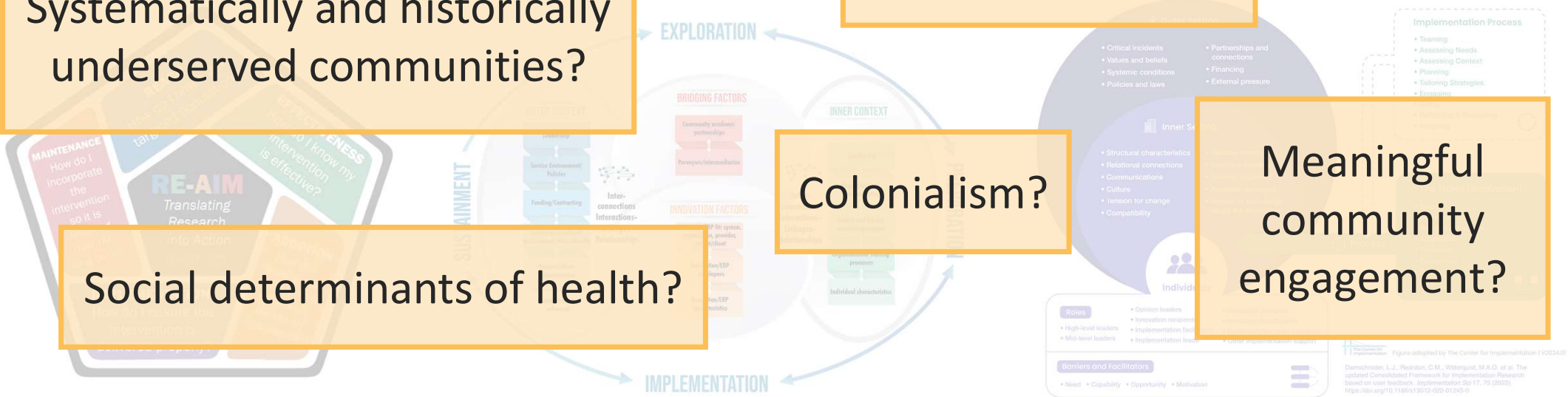
Colonialism?

Meaningful community engagement?

Structural racism?

Co-design?

Power dynamics?



HPVTATE: HPV-based testing and treatment for the elimination of cervical cancer in Papua New Guinea

- Papua New Guinea
- HPV infection and cervical cancer
- Determine the reach, effectiveness, cost-effectiveness, acceptability and scalability of HPV self-collect, test and treat among women in rural and remote communities



Optimising lung cancer screening for Māori: comparing invitation processes

- Aotearoa New Zealand
- Lung cancer prevention
- Determine the effectiveness of two lung cancer screening invitation strategies (primary care vs central hub); describe key outcomes; and evaluate contextual implementation factors to optimise a future national screening programme



Implementing Equitable Health Interventions

TOOLS FOR USE IN THE AOTEAROA NEW ZEALAND CONTEXT

Professor Sue Crengle, University of Otago on behalf of the project team

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Why implementation science? Why an equity focus?

Evidence based interventions

- Few are implemented
- Among those that are
 - implementation takes many years
 - Universally inequitable for Māori (SIDS, CVDRA and management)

Our project

1. Developing a new equity focused implementation science framework
2. Developing a new equity readiness assessment tool (ERAT)



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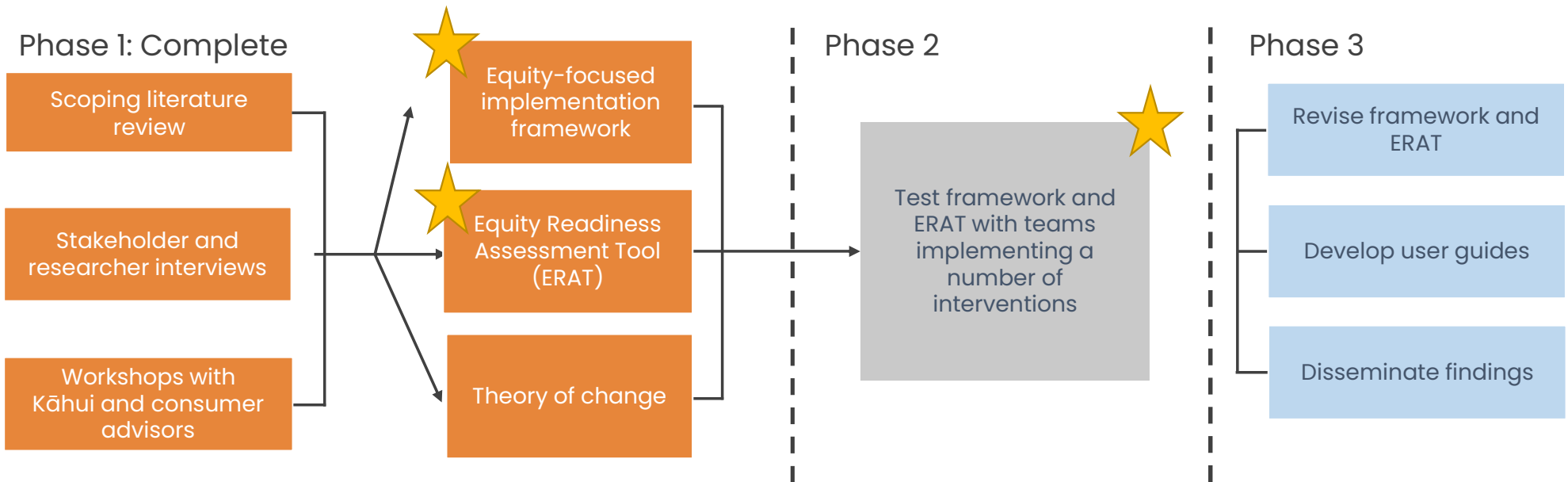


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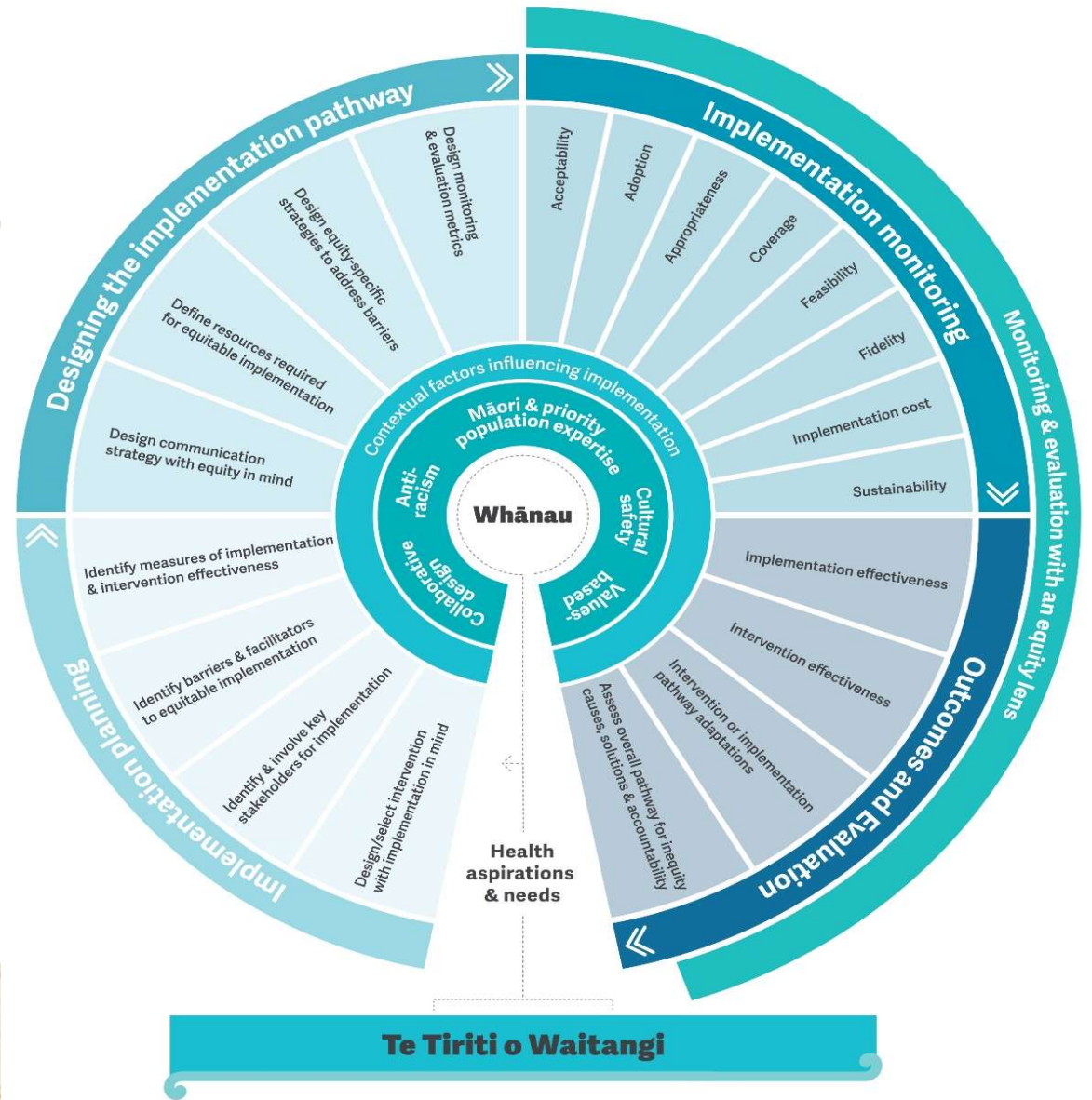
National science challenge project

Implement interventions and improve health equity in Aotearoa



The Framework

Source: Gustafson, P., Lambert, M., Bartholomew, K. et al. Adapting an equity-focused implementation process framework with a focus on ethnic health inequities in the Aotearoa New Zealand context. *Int J Equity Health* 23, 15 (2024). <https://doi.org/10.1186/s12939-023-02087-y>



The Equity Readiness Assessment Tool

ERAT

- Identified a need to assist with the 'how' of equity work in health services
- Organisational readiness
- Equity readiness



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The ERAT



Equity Readiness Assessment Tool

Version 1.0 - August 2021

Improving equity when implementing interventions, programmes and services in the health sector

In Aotearoa New Zealand there are inequities in health service design and delivery. While not intentional, the implementation process and the organisation context can build inequities into the service delivery model.

The Healthier Lives National Science Challenge funded the University of Otago to lead the development of a set of tools to support the implementation planning process. These tools are designed to support organisations implementing health services to maximise the likelihood they advance equity.

How was this tool developed?

This tool was developed through research with stakeholders who design and implement interventions to advance equity. This research highlighted critical facilitators and barriers to implementation. The research was then combined with international equity assessment and organisational readiness tools* to develop a robust and user-friendly tool for use in Aotearoa New Zealand.

Intended users

This tool is to be used by those who are:

- Implementing services specifically designed to improve equity.
- Delivering services and want to improve equity.
- Designing interventions to advance equity.

The Readiness Thinking Tool was used as the basis of this equity readiness assessment tool. This is available under a Creative Commons License and adapted with permission from the authors. Available from: https://www.andersmancenter.org/uploads/1/2/8/5/128593635/wc_readiness_thinking_tool.pdf

How to complete this tool

As a health professional/staff member who provides lung cancer care or is involved or interested in the lung cancer screening (LCS) study being implemented at your service/organisation, you have been invited to use this tool to assess your service/organisation's readiness to implement LCS in an equitable way. The LCS study has been designed with the intention of improving lung cancer health equity.

Ideally, you will already have attended an introductory session that described the tool and the LCS study. If you did not attend this in person, you should have received a link to view more information about the process. Although not required, we strongly encourage you to view this before proceeding.

Each person in your service/organisation who provides lung cancer care or who is involved or interested in the LCS study (referred to as 'the intervention' in the tool) should complete Sections 1–3 of the tool individually first before meeting together as a team to review your responses and complete the discussion questions.

The aim of this tool is to generate discussion. Coming out of the discussion is an agreement about whether your organisation is ready to deliver the intervention in an equity-enhancing way, and on a set of actions to further improve your organisation's readiness for improving equity.

Equity Readiness Assessment Tool

Section 1: Motivation for the intervention

The following statements relate to how motivated individuals are to implement this intervention. Your responses to these statements can be used to build an understanding of the team's thinking in regard to the intervention.

Individual readiness: the extent to which I believe this is important and I want it to happen.		Disagree	Partially agree	Strongly agree	Unsure
Alignment	This intervention fits with how I usually do things around here	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Relative advantage	This intervention seems better (or is likely to be better) than what I am currently doing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Evidence	The evidence for how this intervention will improve equity is clear	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Flexibility	This intervention can be adapted to my local context	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Outcomes	I can see how this intervention will lead to improved equity outcomes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Priority	Getting this intervention working is a priority amongst other things I need to do	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



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Feedback from ERAT pre-testing

- Self-completion ~10 min online (can do on paper) with team collating responses
- Facilitated discussion - time (30-40 min) seems to work well
- Testing with teams who have good understanding of equity and a high level of trust within the team
- In other teams / contexts will be greater variability understanding and engagement around equity
- More guidance on use – esp for developing the action plan
- Comment around considering “who is in the room” and how this shapes the responses. Facilitated discussion felt to be important



What has happened since then or is underway

- Stakeholder group
 - contribution to review of tools and build awareness of the tools across health services completed
- Finalising ERAT tool and user guides for framework and ERAT
- Developing
 - Action plan template and example for the ERAT
 - Developing a facilitators guide for the ERAT
 - Developing a 'workbook' to include in framework user guide



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What has happened since then or is underway

- Implementation Science workshop series for interested health care professionals to learn more about equitable implementation science – first series completed. Planning for another later in year.
- Developing website for ERAT – interactive survey tool, automated reporting of results, other resources (framework and ERAT related and other resources)
- Choosing a name for the framework!



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What has happened since then or is underway

- Ensuring it doesn't just sit on shelves is a major challenge going forward
- Working with Service Improvement and Innovation to consider whether a train-the-trainer approach may be useful
- Thinking about how to develop a community of practice around Implementation Science



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Ngā mihi

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GACD CP04: HPV-based testing and treatment for the elimination of cervical cancer in Papua New Guinea

Dr Lisa Vallely, Kirby Institute, UNSW and PNG Institute of Medical Research

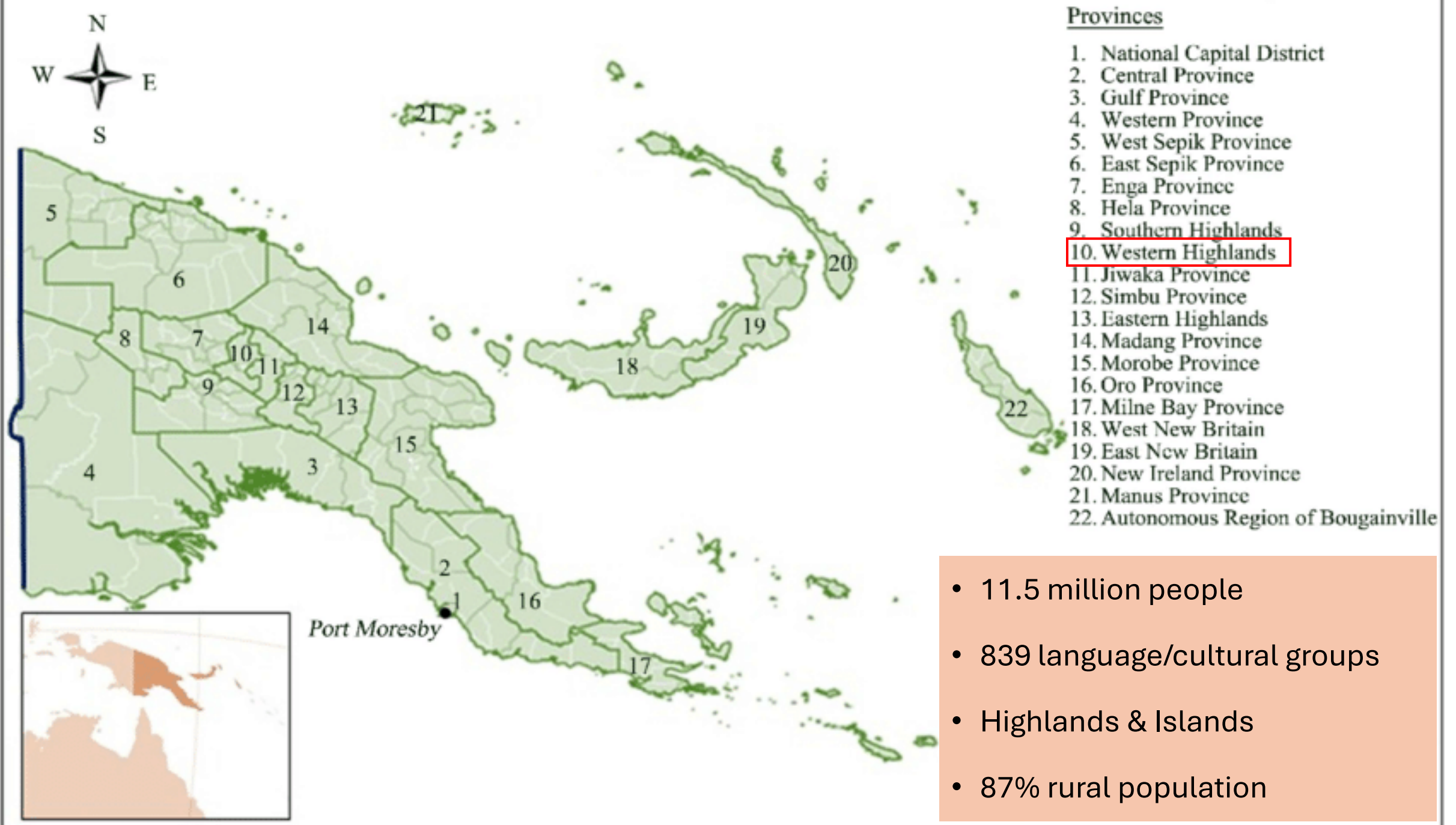
Ms Priscilla Poga, PNG Institute of Medical Research

Dr Michaela Riddell, Kirby Institute, UNSW and PNG Institute of Medical Research



Research Aim

To determine the reach, effectiveness, acceptability, cost-effectiveness, and scalability of HPV self-collect, test and treat among women in rural and remote communities in Papua New Guinea.



HPV screen-and-treat model



Self-collect

1



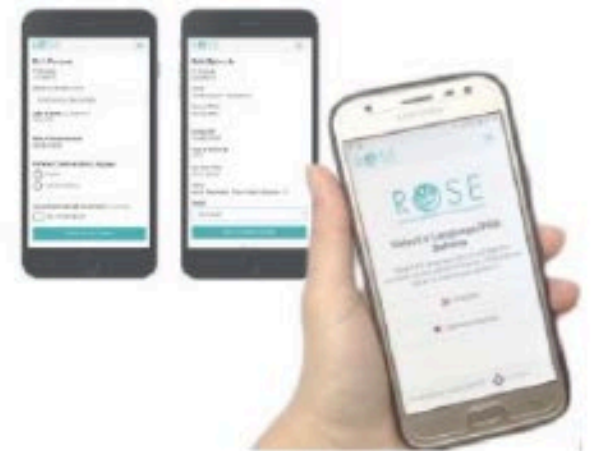
Test

2



Treat

3

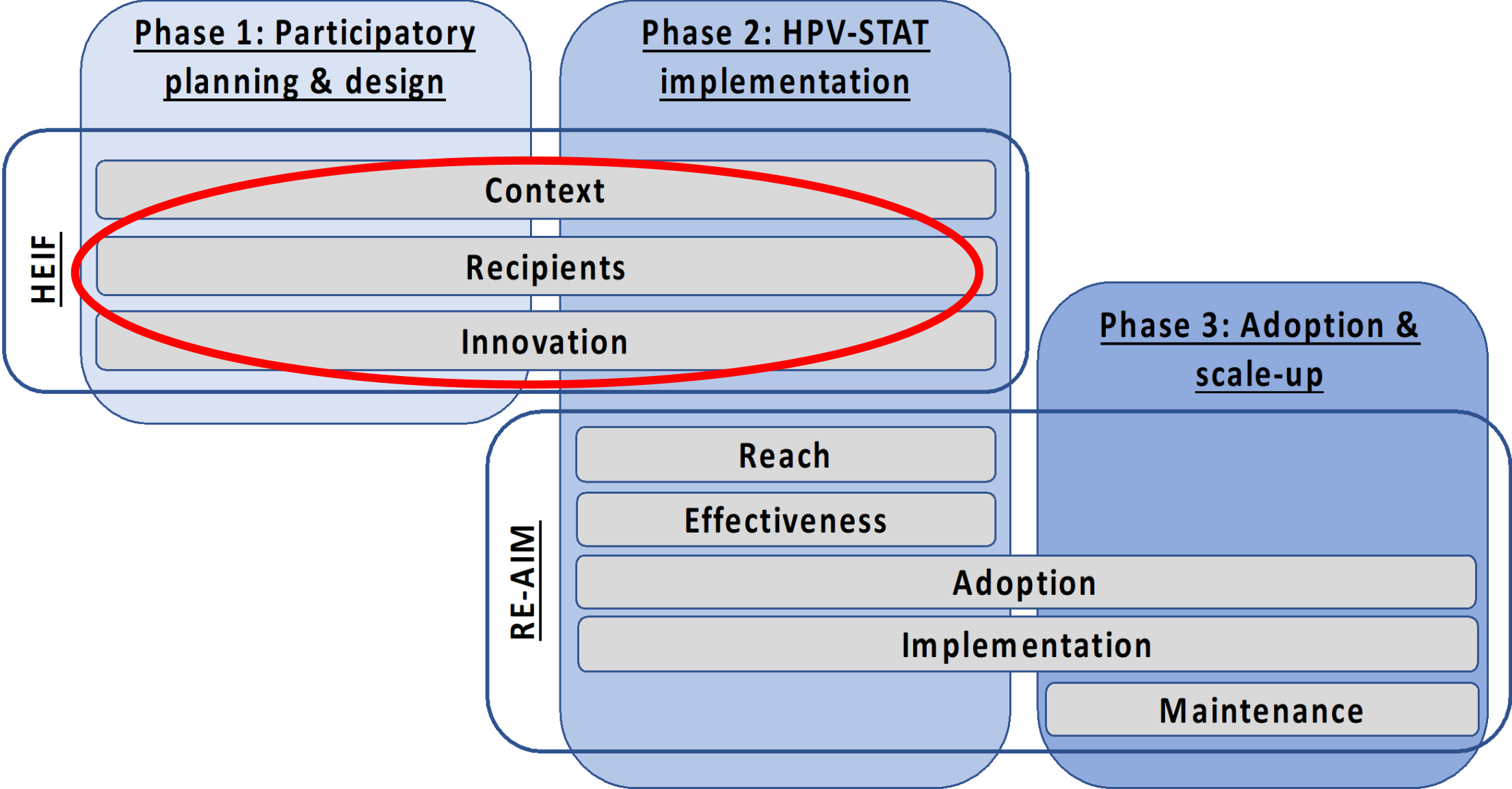


Register

4



Conceptual Framework: HEIF/RE-AIM



Construct	Outcomes / determinants	Measurement
Context (HEIF) <ul style="list-style-type: none"> • Inner: local level • Inner: organisational • Outer: health system • Outer: societal 	Anticipated and experienced facilitators and barriers to implementation (local geographical, socio-economic, cultural, political, health system, language, religious, other).	Participatory workshops, semi-structured interviews (SSIs) with key stakeholders and partners. SSIs with key stakeholders and partners.
Recipients (HEIF) <ul style="list-style-type: none"> • Patient • Provider • Community 	Beliefs, knowledge, understanding, misconceptions, attitudes; barriers and facilitators to access; bias related to women, gender, cervical cancer, reproductive health, marginalised populations, and communities. Experience of the clinical encounter among patients, providers.	Participatory workshops, SSIs with key stakeholders and partners. SSIs with women, their families, health providers, health managers, community stakeholders
Innovation (HEIF)	Anticipated and experienced positive and negative effects related to characteristics of the innovation and key components.	Participatory workshops, SSIs with key stakeholders and partners. SSIs with women, their families, health providers, managers, stakeholders.



SSI participants (n=34):

- 24 women who had attended for cervical screening
- 4 women who had not attended for cervical screening
- 5 health care workers providing HPV screen-and-treat
- 1 senior-level key informant in local public health policy

Knowledge, understanding, beliefs, misconceptions



“From my understanding, I used to think that cervical cancer...develops when a man goes out with another woman then he gets this what [infection] into his body then come stay [have sex] with the wife again...”

I used to think that during our monthly period, some dirt [blood] does not come out and some are is still in the body and I used to think that it develops this cancer too.

Emma 38 years

“They normally believe that it is to do with the religion, this is like a punishment from God for stealing a church property while some believe that it is a curse, we don’t know the real cause of “that” cancer.”

Arinta, 40 years

“The grandparents or the parents talks, I heard them mentioned that there is a tree bark in the bush, the trees they used to go, chop them and bring then they will drink its liquid”.

Emma, 38 years

“...I know nothing about it. Even though I’m educated...I was really surprised this morning when I came and they said that the only cause of cervical cancer is through sex.”

Melek, 51 years

Barriers & facilitators to access

“Personally, I really liked it because this service is free, everything is free, we didn’t spend any money and the service is at the [our] doorstep waiting to serve us”

Mete, 45 years

“If they start charging fees it will be difficult for us to go...like only people with money will go.

Only the wives of bigshots will access this [service]. I think regular people like us we’ll just die at home or such”

Vane, 38 years





“We are unfortunate people [and live] remote and the road is also not in good condition and the bridge is almost washed away by the river...the town is far away ...but once when we heard that the machine is already in the area, all of us were happy and we left whatever we were doing, our programs, we stopped it and we all came”.

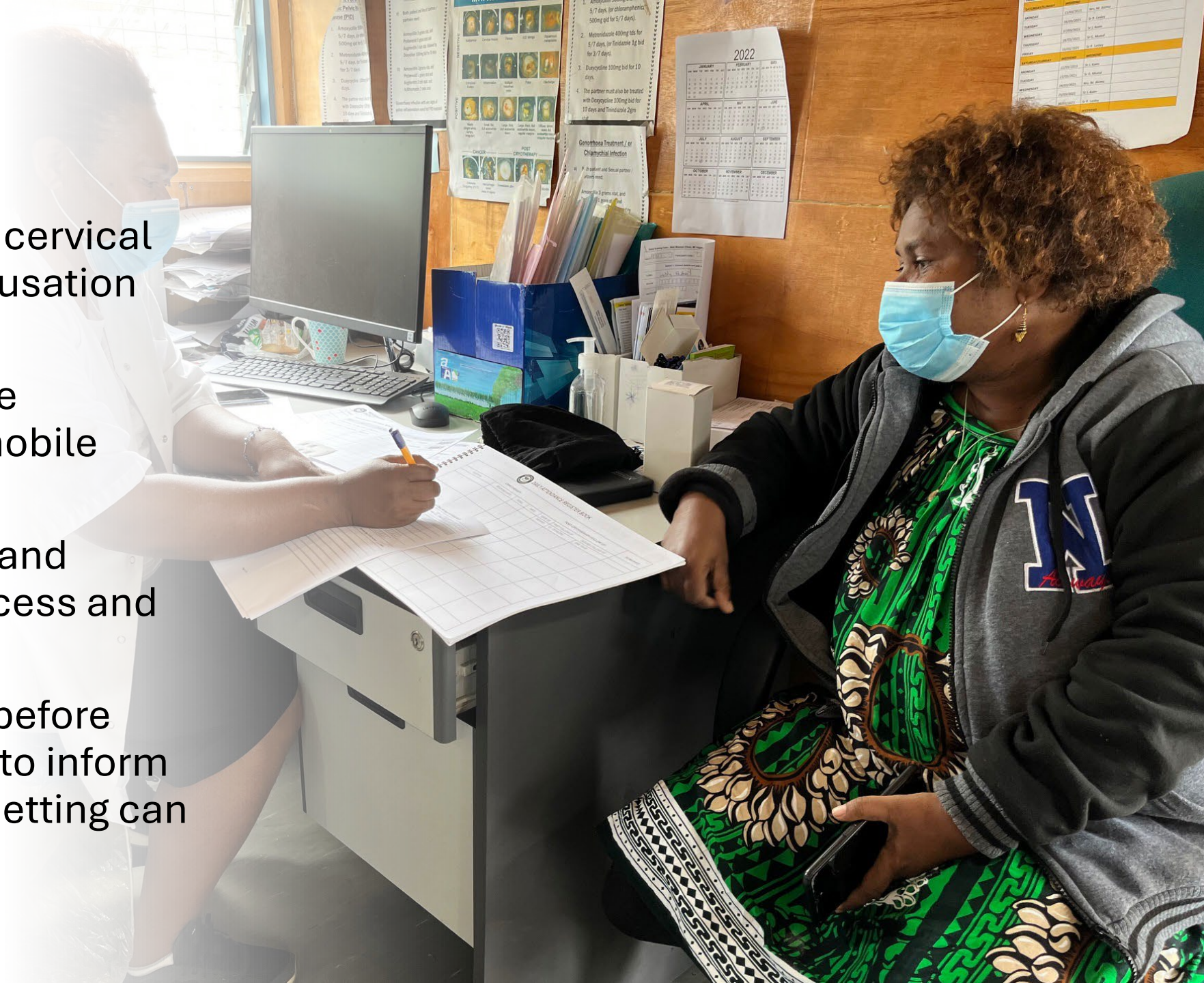
Mete, 45 years

“We already educated the community on the importance of respecting women’s right in the safe house and prohibit violence.... and people respect [the] safe house. [But] for them to access the screening services is a walking distance and I fear bringing them here...their spouses might be at the road and prevent her from coming or might beat us both while we are on our way here [for screening]... in such cases can [there be assistance] in bringing the women from the safe house to the screening location and after they are done they can assist them back to the safe house...”

Arinta, 40 years

Key findings

- Misconceptions around cervical cancer aetiology and causation common.
- High acceptability of free screening service and mobile outreach.
- Socio-cultural, societal and structural barriers to access and participation.
- Further inputs required before value and utility of HEIF to inform implementation in this setting can be evaluated.



Mipla laik givem bikpla tenikiu tumas lo...

- National and provincial health authorities in PNG
- PNG Institute of Medical Research
- PNG Obstetrics & Gynaecology Society
- PNG TWG on Comprehensive Cervical Cancer Control
- PNG Cancer Foundation
- Kirby Institute, UNSW Sydney
- Daffodil Centre, University of Sydney and Cancer Council New South Wales
- Australian Centre for Prevention of Cervical Cancer (ACPCC)
- Family Planning Australia
- NHMRC Centre of Research Excellence on Cervical Cancer Control (C4)
- GACD, ECCWP and other donor partners





GACD
GLOBAL ALLIANCE FOR CHRONIC DISEASES
AN ALLIANCE OF HEALTH RESEARCH FUNDERS



Australian Government
**National Health and
Medical Research Council**

Sitting A | Breakout room 2

RE-AIM

GILLIAN GOULD (moderator)

Southern Cross University, Australia

URVITA BHATIA

Sangath, India

and London School of Hygiene and Tropical Medicine, UK

YASHI GANDHI

Sangath, India

and London School of Hygiene and Tropical Medicine, UK

JAAP KOOT

University of Groningen, Netherlands



IMPRESS: IMplementation of evidence-based facility and community interventions to reduce the treatment gap for depression

- India
- Depression
- Reduce the treatment gap for depression through the integrated implementation of evidence-based interventions in facility and community platforms

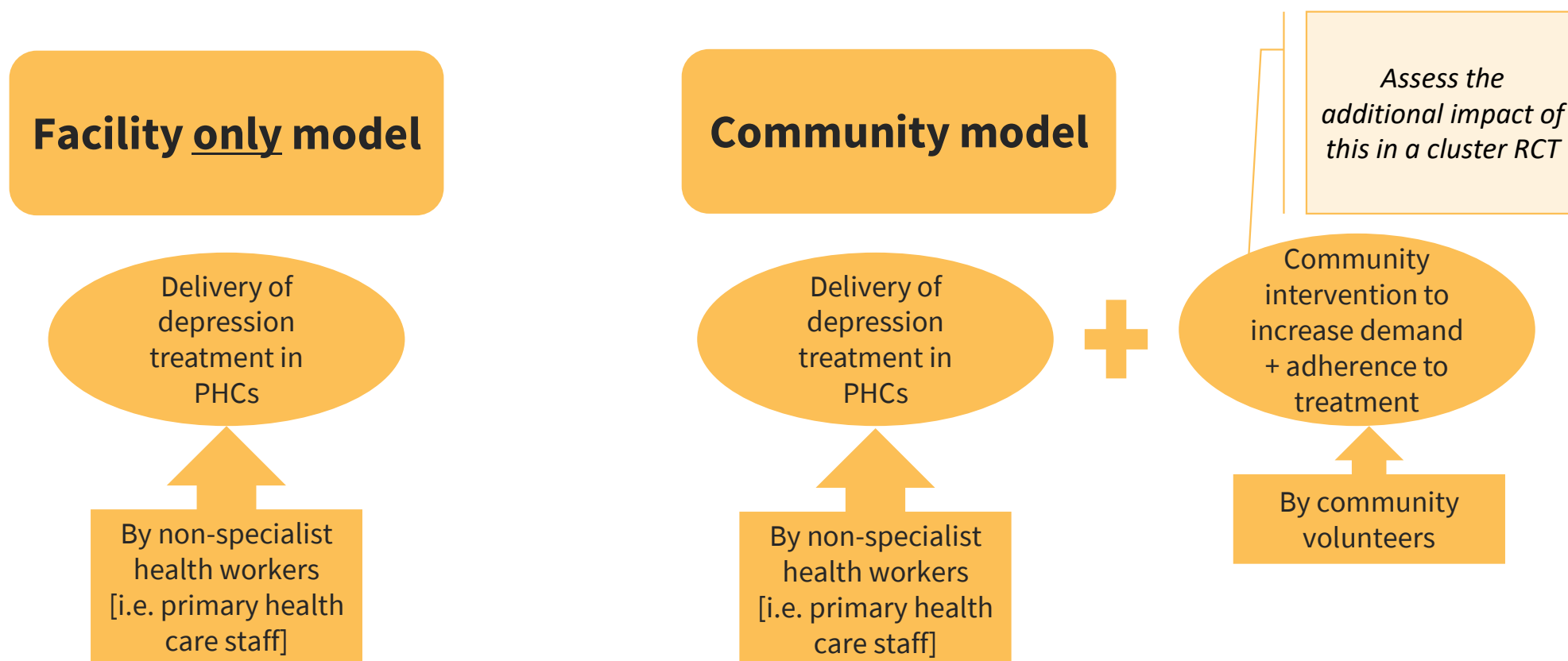


SUNI-SEA: Scaling-Up NCD Interventions in South-East Asia

- Indonesia, Myanmar (Burma), and Vietnam
- Prevention of hypertension and diabetes
- Measure the effectiveness and cost effectiveness of scaling up interventions in communities and primary healthcare facilities in South-East Asia



A brief about the project



IMPRESS x RE-AIM

Why did our project team decide to use RE-AIM?

- Used extensively in implementation research
- Enables to measurement of a logical flow of outcomes
- Better facilitation of translation of research findings
- External validity of research findings
- All the five dimensions were of direct relevance to our research:
 - the use of hybrid trials,
 - focus on health systems research and,
 - sustainability beyond the funding of the project.

Adopting the framework

Step 1: Determine outcomes of interest

- Just as you would map a Theory of Change for the programme.

Step 2: Determine how the outcomes are best measured.

- Mixed methods are best suited for the RE-AIM framework.

Step 3: Determine the stakeholder(s) you would need to collect information from.

- It is important to list all the relevant stakeholders to facilitate triangulation and better translation of research findings.

Step 4: Determine sources and timepoints.

Step 5: Piloting, reviewing and revising based on feasibility of data collection.

Some examples

Dimension	Data collection	Time point	Stakeholders
REACH	[Quant] Number of people with depression referred to health facility	During implementation	Community volunteers
	[Qual] Acceptability of the community intervention	After completing 6-month outcome evaluation	People living with depression
ADOPTION	[Quant] Characteristics of counsellors agreed to join the programme	During training	Primary health care staff; community volunteers
	[Qual] Perceived benefits and barriers of implementing the programme	During implementation	Primary health care staff; community volunteers
	[Quant] Retention	During implementation	Primary health care staff; community volunteers

TAKEAWAY

There is no one prescription on how many indicators should ideally be collected from a stakeholder type or how many stakeholders you need to collect one domain type from (e.g. reach)

- **Let your research aim guide you!**

The use of RE-AIM in SUNI-SEA

Standardised method of evaluation is favourable

- In the project for **comparison between countries**, research arms, in our case three country programmes
- Among projects for **comparison between projects**, in our case GACD scaling up projects

The model is multi-dimensional (5 dimensions)

- Helps to make the evaluation more **comprehensive** and **multidisciplinary** beyond purely medical research, in our case health systems focus
- Focuses on **sustainability**, and triggers attention for relevance of society, in our case scaling-up focus

Adaptation of the framework

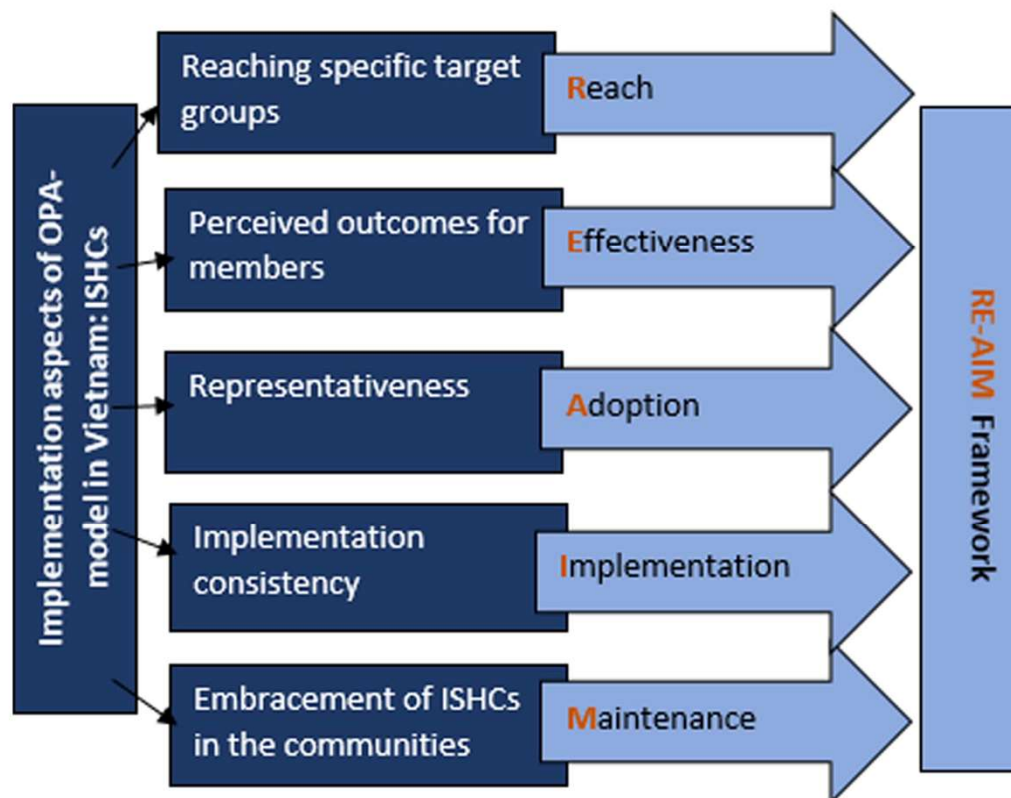
Formulate relevant indicators for the different dimensions

- Balance between **contextualising** (in order to be locally achievable) and **generalising** (in order to be comparable)
- Apply the **KISS** (Keep It Simple Stupid) principle to make it manageable and avoid overwhelming numbers of indicators and data sets

Mixed method approach necessary

- Not all indicators can be measured quantitatively
- **In-depth interviews** with key stakeholders and **focus group discussions** part of analysis (especially in dimension maintenance)

Study of community groups in Vietnam



- The study focused on **Intergenerational Solidarity Clubs (ISHCs)** with broader interest than health alone
- The indicators for the study were strongly contextualised, and beyond medical topics
- Routine data, surveys, interviews and focus group discussions

Figure: The relationship between implementation aspects of ISHCs and the RE-AIM framework

GACD mid-year workshop 2024

Pardoel ZE et al. (2023) The implementation of community-based programs in Vietnam is promising in promoting health. *Front Public Health*. 11:1182947. PMID: 37415708.

Study of overall SUNI-SEA project

Stakeholders' identification very important step

- Make thorough analysis of health system first
- Decentralised health systems in Vietnam and Indonesia: decisions on human and financial resources taken locally
- Each stakeholder has its own set of indicators and critical questions



Community members of groups



Volunteers and primary health care staff



Managers of primary health care facilities



District and Provincial Health Managers and local and provincial authorities



Policy makers, national level actors

Staged data collection process of qualitative data in RE-AIM analysis

- The evaluation requires to come from very local and context specific findings to general conclusions
- **Indicators** and **interview guides** for local data collection by national teams
- Thereafter **focus group discussions** of national teams in conference by international team
- Conclusions formulated by international team, and agreed in **consensus meeting** by whole consortium
- Publication in preparation

Interviews and FDG of all stakeholder groups in the countries

Aggregation and interpretation of data by country teams

Consortium meeting focus group discussion of country teams to formulate general conclusions

Breakout room 1

Consolidated Framework for Implementation Research (CFIR)

Moderator: Simon Bacon
Concordia University, Canada

Speakers:

Zinzi Pardoel
University of Groningen, Netherlands

Anusha Ramani-Chander
Monash University, Australia

Bana Salameh
WHO-Collaborating Centre on Nutrition Changes and Development *and* University of Montreal, Canada

Breakout room 2

Exploration, Preparation, Implementation, Sustainment (EPIS) Framework

Moderator: Karen Yeates
Queen's University, Canada

Speakers:

Greg Aarons
University of California San Diego, US

Farah Allouche
Tulane School of Public Health and Tropical Medicine, US

Sitting B | Breakout room 1

CFIR

*Consolidated Framework for Implementation Research

SIMON BACON (moderator)

Concordia University, Canada

ZINZI PARDOEL

University of Groningen, Netherlands

ANUSHA RAMANI-CHANDER

Monash University, Australia (via recorded video)

BANA SALAMEH

WHO-Collaborating Centre on Nutrition Changes and Development



BREAKOUT ROOM 1: Consolidated Framework for Implementation Research (CFIR)

Simon L. Bacon, PhD, FTOS, FCCS, FABMR

- Titulaire de la Chaire du FRQS en intelligence artificielle et en santé numérique pour la modification de comportements de santé
- Titulaire de la Chaire SRAP-IRSC sur les essais cliniques comportementaux novateurs axés sur les patients
- Professeur titulaire, Département de santé, kinésiologie et physiologie appliquée, Université Concordia
- Co-directeur, Centre de médecine comportementale de Montréal, CIUSSS-NIM





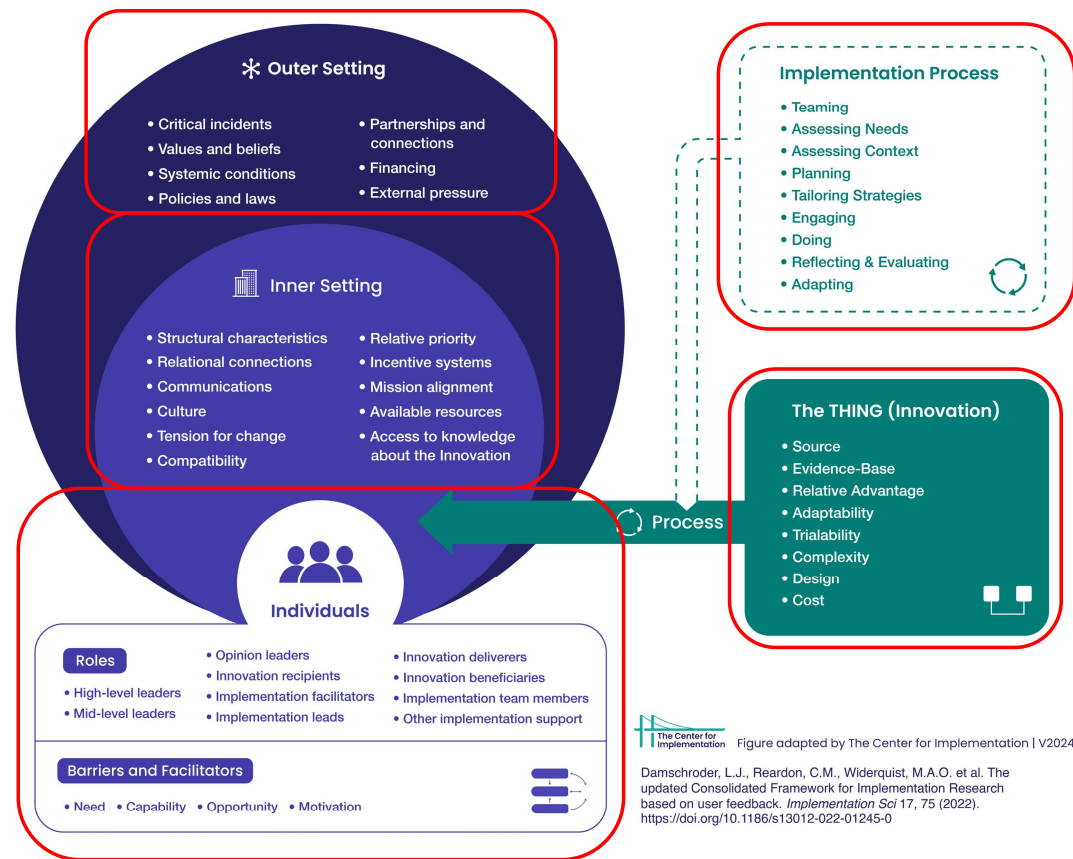
Land acknowledgement

- I acknowledge that Concordia University and the CIUSSS-NIM are located on unceded Indigenous lands. The Kanien'kehá:ka Nation is recognized as the custodians of the lands and waters on which Concordia University and the CIUSSS-NIM stands today. Tiohtiá:ke, commonly known as Montreal, is historically known as a gathering place for many First Nations. Today, it is home to a diverse population of Indigenous and other peoples.
- I also acknowledge that our ability to live and work on these lands today is a direct benefit of policies of expulsion and assimilation of Indigenous peoples during the time of settlement and Confederation, and since.
- *The harms of these policies are many and are still being felt in Indigenous communities today.* I express gratitude towards the Indigenous peoples who have and will continue to steward these lands. I am committed to amplifying the voices of Indigenous peoples and working against the everyday forces of white supremacy and colonialism present in the research sector.



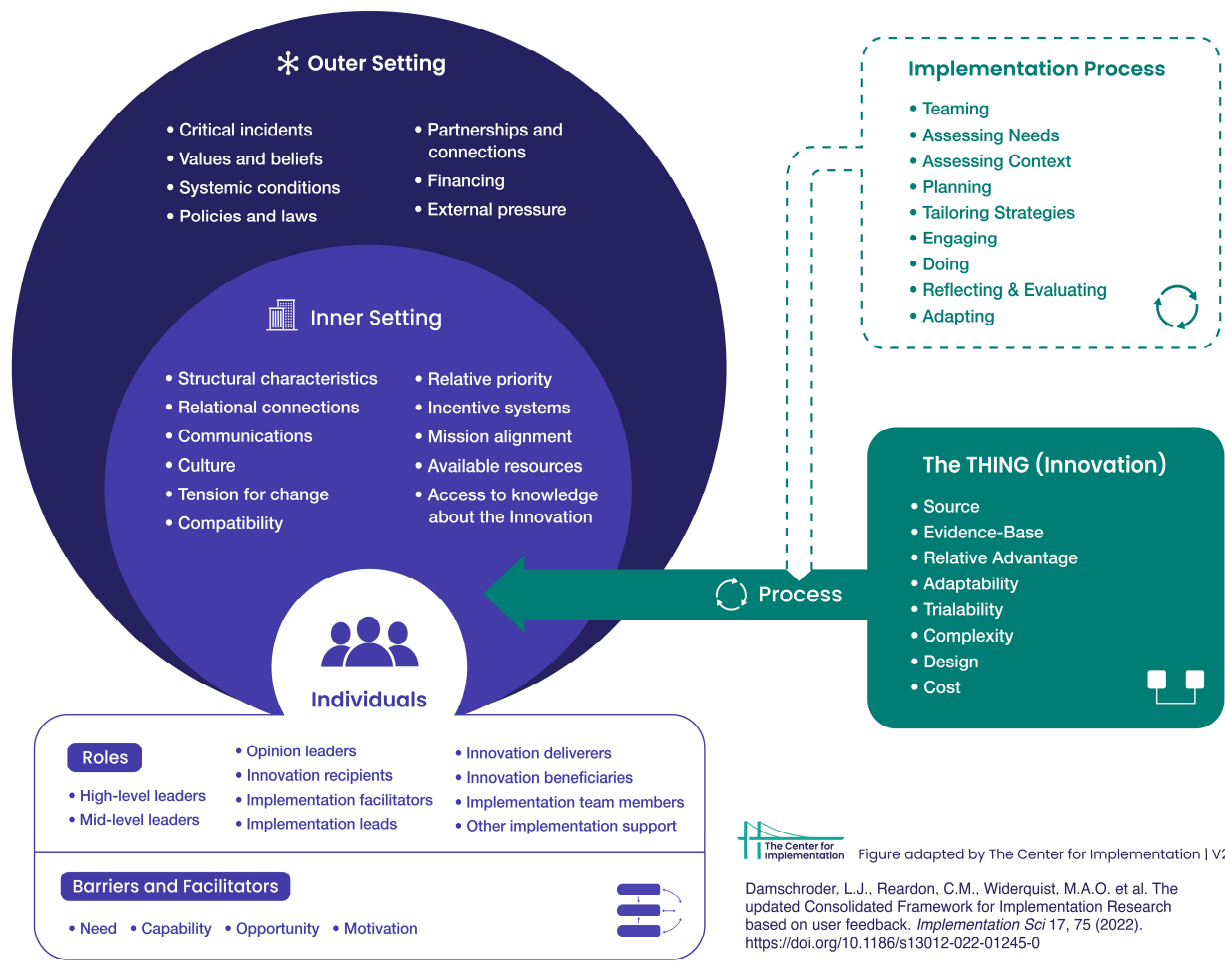
- A framework that can help guide the implementation of an innovation (e.g., intervention)
 - Amalgam of a number of different frameworks
 - Updated in 2022
- Assessment of **barriers and facilitators** across 5 domains
 - The innovation
 - Implementation process
 - Individuals (people within a setting)
 - Inner setting (where the innovation will be implemented)
 - Outer setting (things that will influence the inner setting)
- Provides a consistent, but flexible, structure to ensure that all aspects of implementation can be considered

Consolidated Framework for Implementation Research (CFIR) 2.0





Consolidated Framework for Implementation Research (CFIR) 2.0



The Center for Implementation Figure adapted by The Center for Implementation | V2024.01

Damschroder, L.J., Reardon, C.M., Widerquist, M.A.O. et al. The updated Consolidated Framework for Implementation Research based on user feedback. *Implementation Sci* 17, 75 (2022). <https://doi.org/10.1186/s13012-022-01245-0>





Consolidated Framework for Implementation Research (CFIR)

- A framework that can help guide the implementation of an innovation (e.g., intervention)
 - Amalgam of a number of different frameworks
 - Updated in 2022
- Assessment of barriers and facilitators across 5 domains
 - The innovation, implementation process, individuals (people within a setting), inner setting (where the innovation will be implemented), and outer setting (things that will influence the inner setting)
- Provides a consistent, but flexible, structure to ensure that all aspects of implementation can be considered



Evaluating and bringing to scale alternative food networks to address diabetes mellitus and hypertension

- Ecuador
- Diabetes and hypertension
- Understand the ways in which Alternative Food Networks (AFNs) create healthier local food environments and act on social determinants of health to reduce the risks of nutrition-related chronic diseases



GACD Systems approach to upscaling working group

- 27 projects
- 27 countries
- Diabetes and hypertension
- Identify the challenges, enablers, and barriers to upscaling interventions for hypertension and diabetes in implementation research projects under the GACD Scale Up Research Programme.



Showcasing the application of CFIR to the joint research activities of the *GACD Systems approach to upscaling working group*

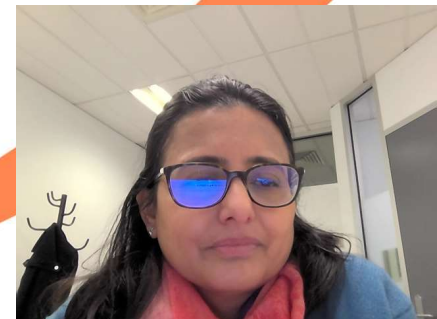
Jointly prepared and presented by:

- Anusha Chander (Monash University, Australia)
- Zinzi Pardoel (University Medical Center Groningen, Netherlands)

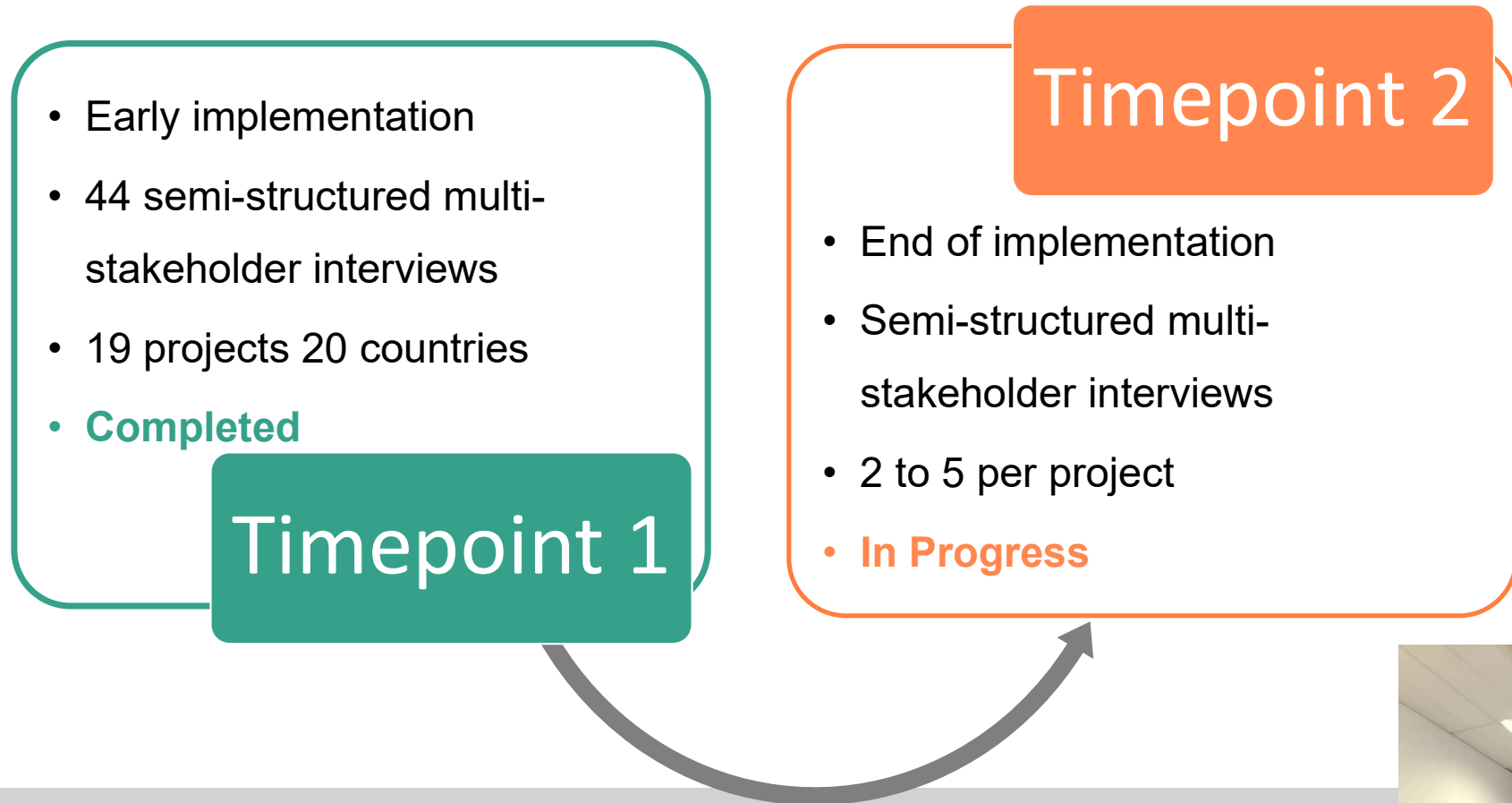


Outline of presentation

- Introduction to **collaborative research** by upscaling working group
- Application of CFIR to:
 - Phase 1 of the study
 - Phase 2 of the study





Methods



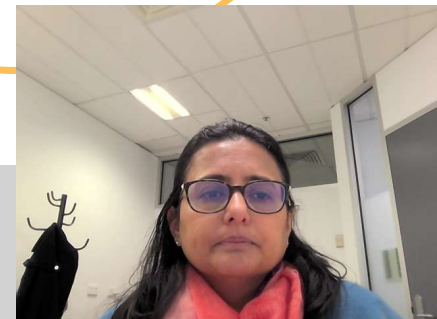
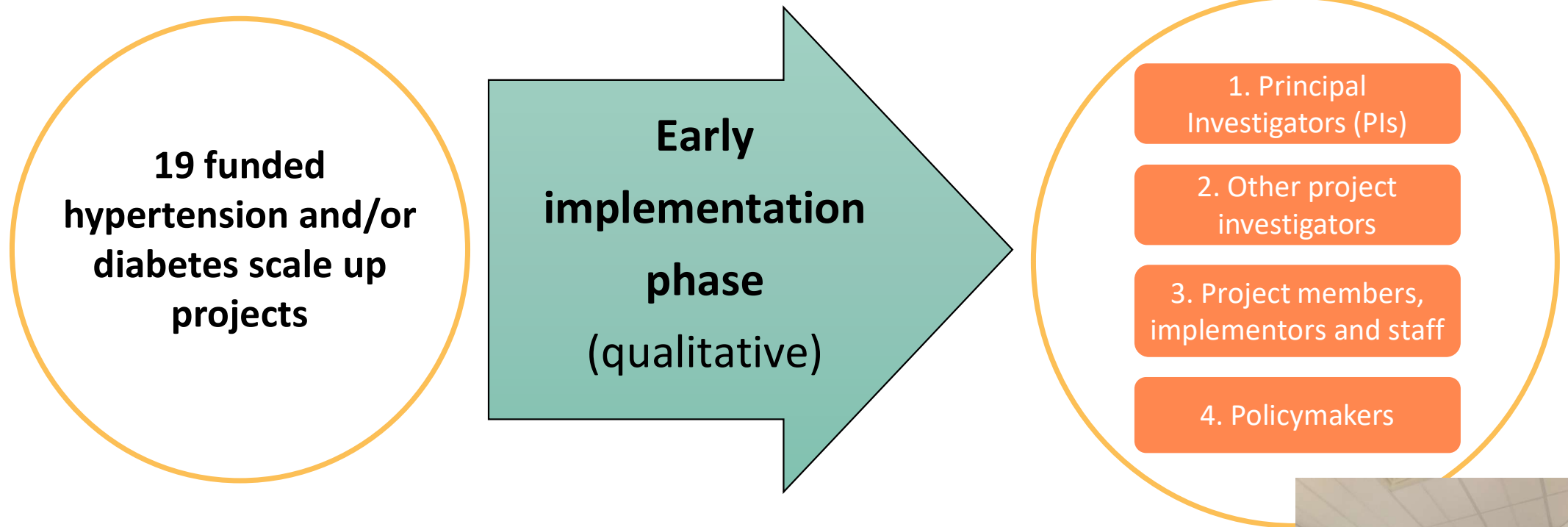
**BMJ
Public
Health**

Challenges and enablers for scaling up interventions targeting non-communicable diseases: a qualitative study applying the Consolidated Framework for Implementation Research to 19 research projects worldwide

Anusha Ramani-Chander ^{1,2}, Amanda G Thrift,¹ Josefien van Olmen,³ Edwin Wouters,⁴ Peter Delobelle,^{5,6} Rajesh Vedanthan,⁷ J Jaime Miranda,⁸ Stephen Sherwood,^{10,11} Helena Teede,² Rohina Joshi ^{12,13} On behalf of the Global Alliance for Chronic Diseases Upscaling Working Group



Data collection process



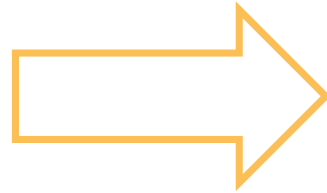
Analytic process

Step 1: Thematic analysis ¹

Inductive

Retains richness of data

Helps to identify patterns across stakeholder groups



Step 2: Framework mapping ²

Deductive

CFIR Mapping

Systematic mapping of challenges and enablers to identify implementation factors

¹ Braun V, Clarke V. *Qual Res Psychol.* 2008

² Damschroder LJ, Reardon CM, Opra Widerquist MA, et al. *Implement Sci.* 2022



Coding Process

Increasing range of responses within grouping

Open coding

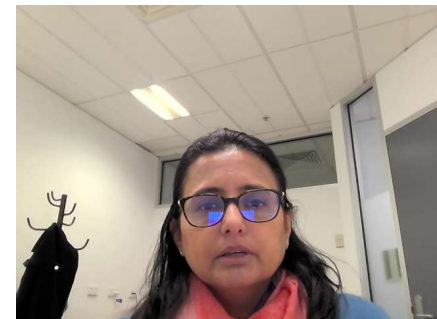
- Statements are converted into codes (186 codes)

Sub-themes

- Combining similar codes to form sub-themes (45 sub-themes)

Themes

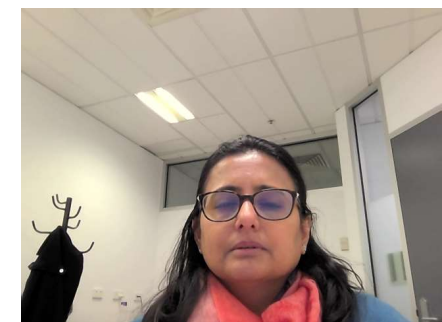
- Combining similar sub-themes to form larger themes (28 themes)



Results: Mapping themes on CFIR

CFIR Domain	Themes		Codes / Sub-themes	
	Enablers and Challenges		Challenges (Examples)	Enablers (Examples)
4 out 5 Domains	28 themes		186 codes; 45 sub-themes	
I. Innovation Domain	n/a			
II. Outer Context Domain	Challenge constructs (3): critical incidents, local attitudes, local conditions Enabling constructs (1): partnerships & connections Both (1): policies & laws	Political unrest ;Regional differences in health systems	Past project with same policymakers; High-level institutional connections	
III. Inner context Domain	Challenge constructs (2) availability of resources, access to knowledge; Enabling constructs (4): structural characteristics, relational connections, communications, culture	Availability of resources to support implementation	Strengthening within existing resources; positive work culture	
IV. Individuals Domain	Enabling constructs (2): Role of high-level leaders, Implementation leads	Power of high and mid level policy makers	Leadership engagement; past linkages to stakeholders	
V. Implementation Process Domain	Enabling constructs (6): teaming, assessing needs, assessing context, planning, reflecting and evaluating, adapting Both (2): tailoring strategies, engaging	Multitier engagement is complicated; Local adaptation	Comprehensive planning; brinings stakeholders together during engagement; maintaining communication	

GACD mid-year workshop 2024



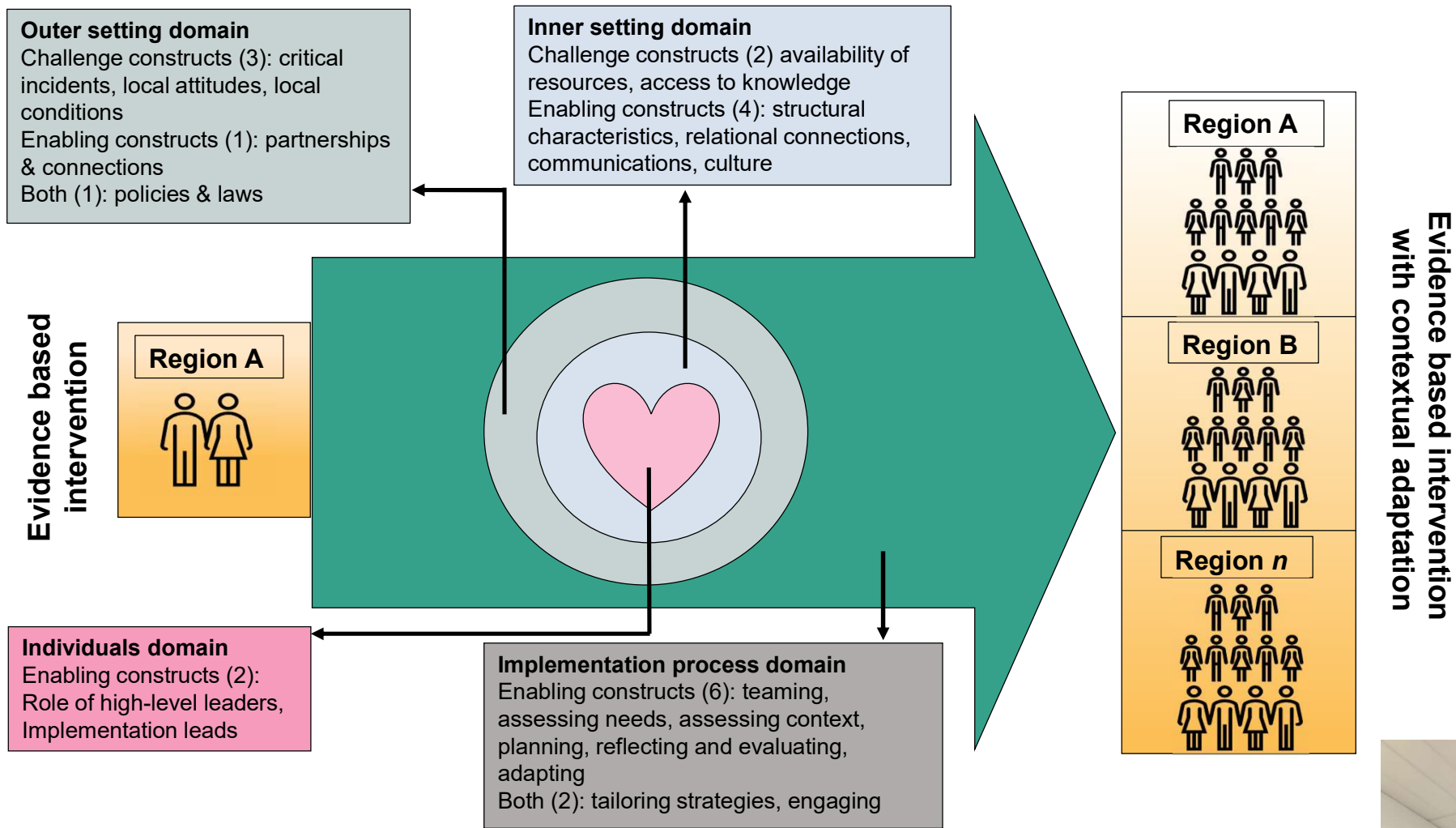
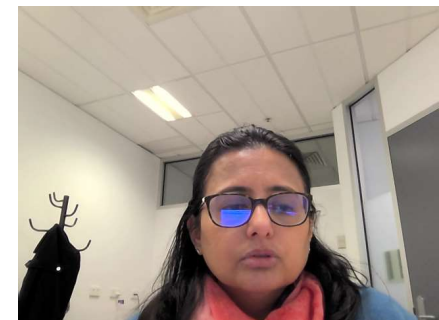


Figure 2. Summary of findings from application of the CFIR¹ to identify the major challenges and enablers in the early implementation phase of scale-up studies.

¹ Consolidated Framework for Implementation Research; Note: The innovation domain falls outside the scope of this study.



Phase 2: Follow-up study

- **Study objective:** Identifying and understanding enablers and challenges in scaling up NCD-related interventions. Focus on diverse political, socio-cultural, and health policy contexts for sustainability.
- **Data collection and analysis approach:**
 - Document analysis & Interviews
 - Focus on 7 key elements: intervention, innovation, local context, environment, local adaptation, stakeholder consultation, sustainability

Innovation: Relative advantage, evidence strength, adaptability

Intervention:
Complexity, adaptability,
evidence strength

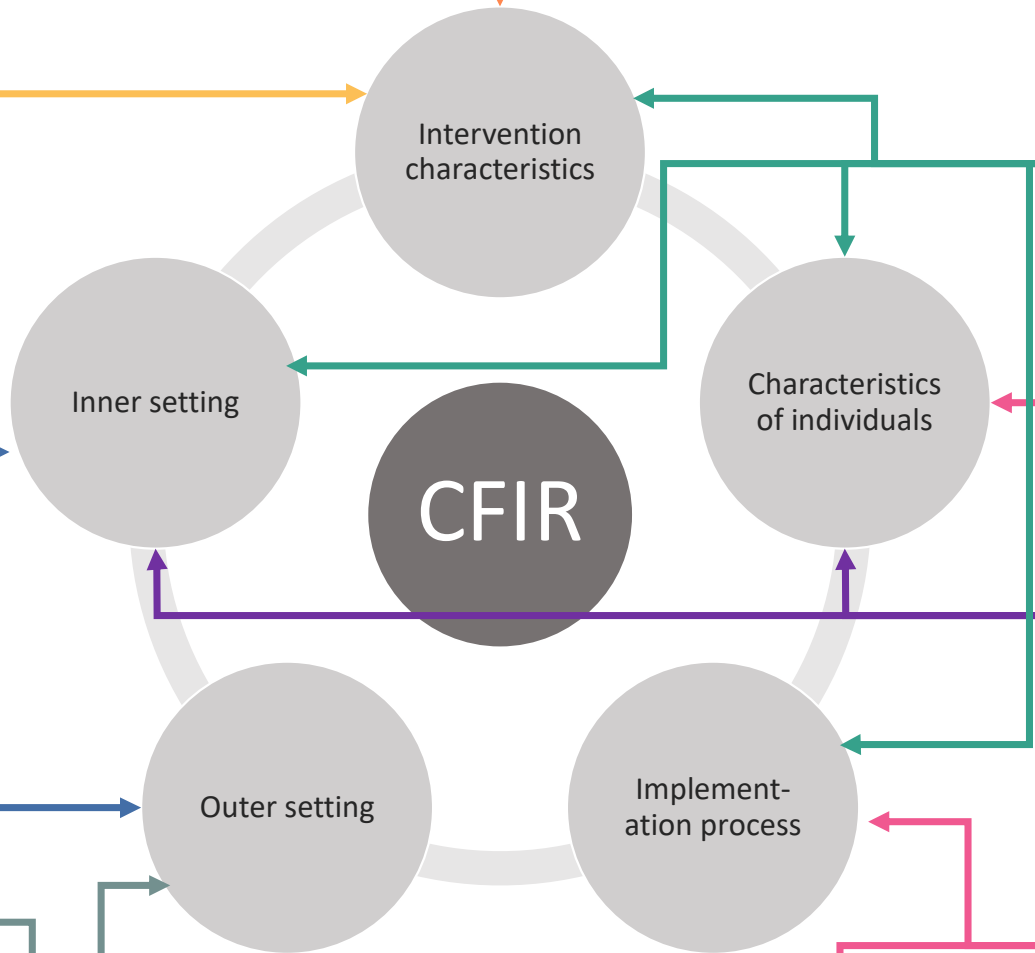
Sustainability:
Maintenance: long-
term benefits in local
context

Local Context:
Socio-political climate,
patient needs,
organizational context

Local Adaptation:
Fit interventions to
specific contexts

Environment:
Political, economic, social factors

Stakeholder Consultation:
Engagement throughout implementation



Conclusion and lessons learnt

- CFIR provides a **structured approach** to understanding and evaluating implementation factors in complex systems.
- **Rich and varied** insights: Data from diverse studies across countries and contexts
- **Complex and time-consuming** analysis to allocate themes to CFIR categorisations
- Synthesised the information to CFIR which allowed us to **reflect on patterns** of implementation challenges and enablers

Sitting B | Breakout room 2

EPIS

*Exploration, Preparation, Implementation, Sustainment Framework

KAREN YEATES (moderator)

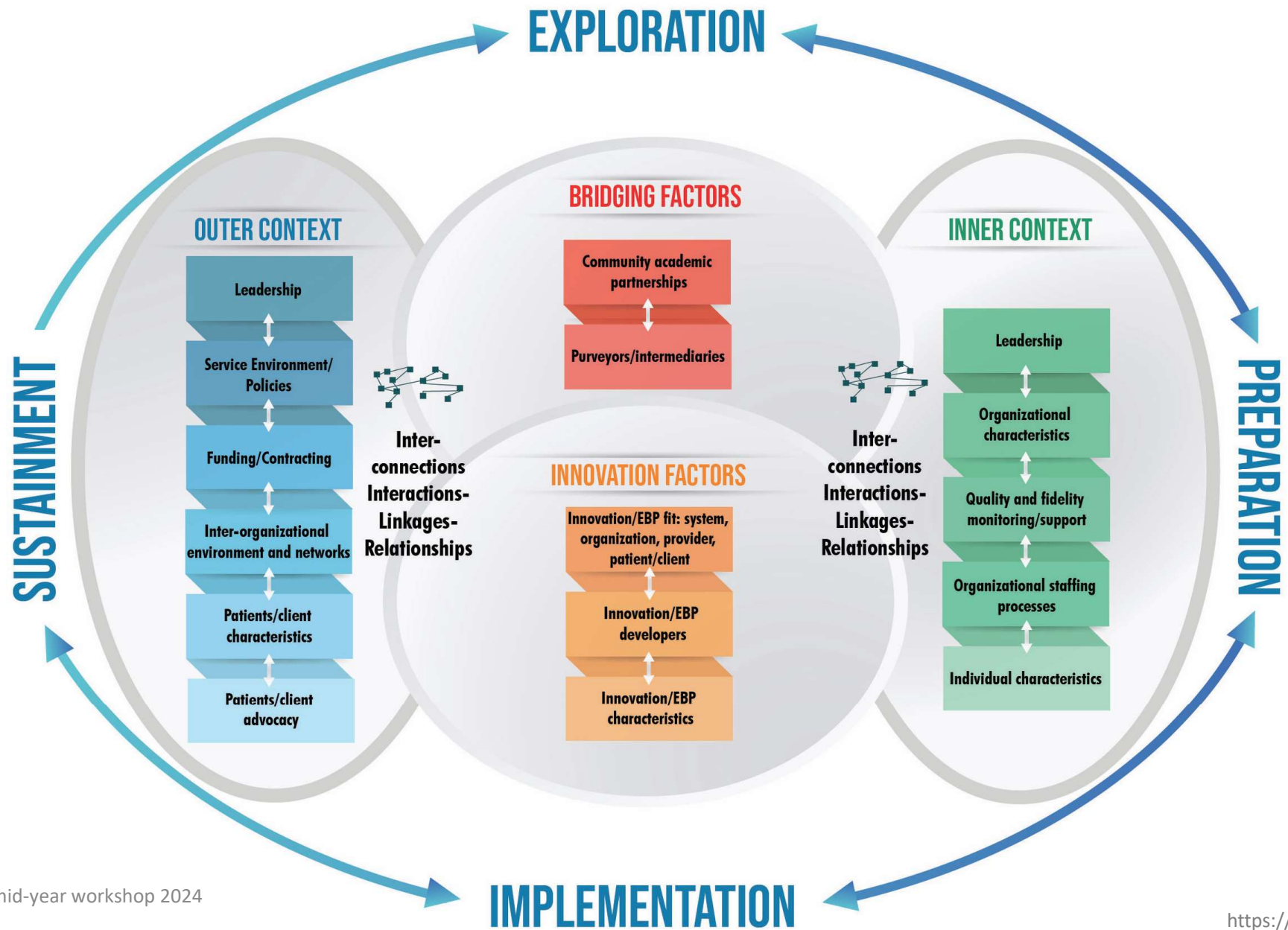
Queen's University, Canada

GREG AARONS

University of California San Diego, US

FARAH ALLOUCH

Tulane School of Public Health and Tropical Medicine, US





**The CATCH study:
Implementing and scaling
up a team-based care
strategy for hypertension
control**

- Colombia and Jamaica
- Hypertension
- Test the reach, effectiveness, adoption, fidelity, and sustainability of implementing a team-based care strategy in primary care settings in Colombia and Jamaica.

**DAPPER: Depression And Primary-
care Partnership for Effectiveness-
implementation Research**

- Kenya
- Depression
- Evaluate non-specialist delivery of evidence-based depression treatment integrated within existing healthcare centres regarding clinical effectiveness and implementation parameters



EPIS FRAMEWORK

Exploration, Preparation, Implementation, Sustainment

Advancing a Conceptual Model of Evidence-Based Practice Implementation in Public Service Sectors

Gregory A. Aarons · Michael Hurlburt ·
Sarah McCue Horwitz

Moullin *et al.* *Implementation Science* (2019) 14:1
<https://doi.org/10.1186/s13012-018-0842-6>

Implementation Science

SYSTEMATIC REVIEW

Open Access

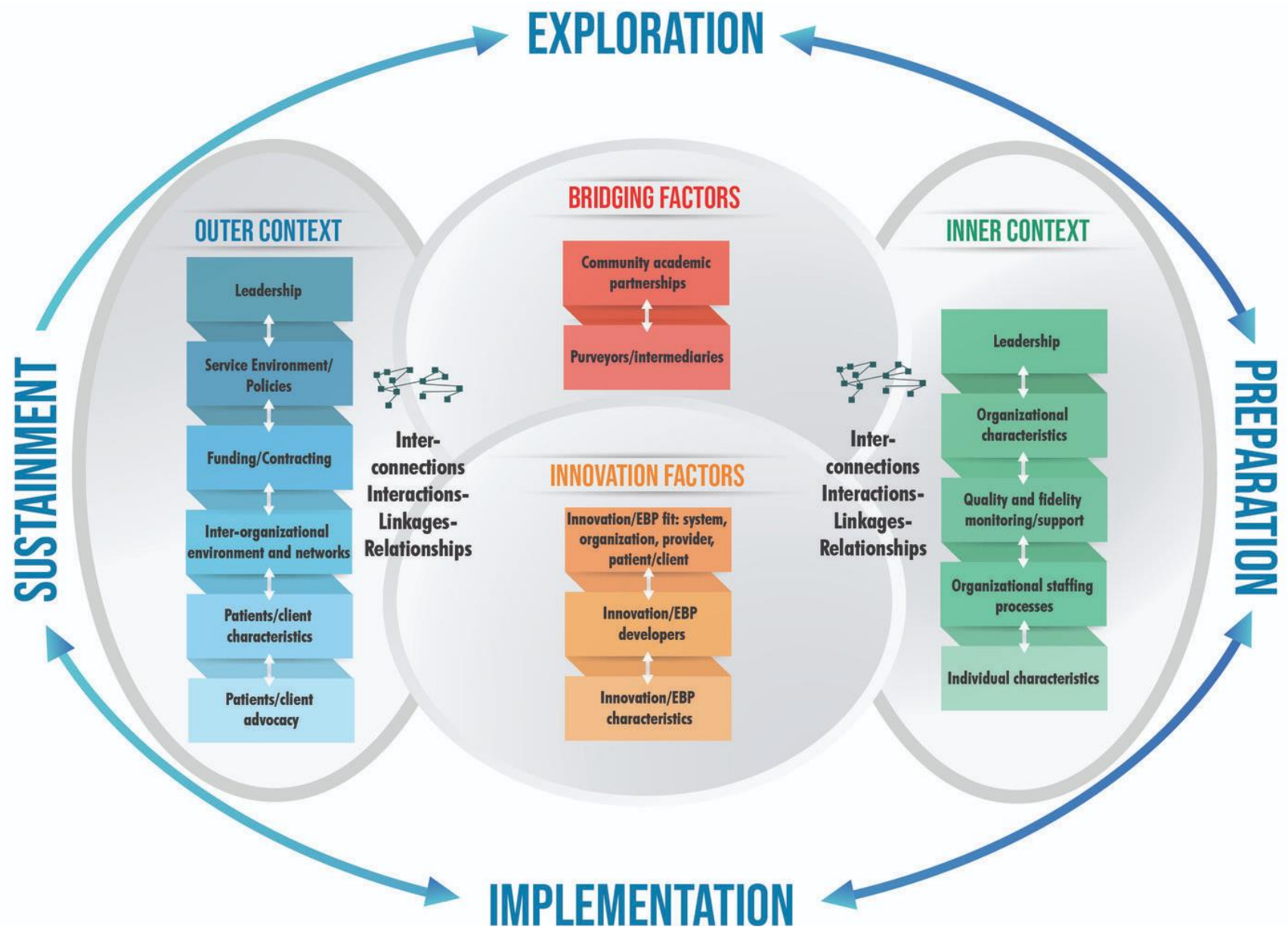
Systematic review of the Exploration, Preparation, Implementation, Sustainment (EPIS) framework



Joanna C. Moullin^{1,2}, Kelsey S. Dickson^{2,3}, Nicole A. Stadnick^{2,4}, Borsika Rabin⁵ and Gregory A. Aarons^{2,4*} 

Exploration, Preparation, Implementation, Sustainment (EPIS) Framework Process and Determinant

1. Phases
2. Outer context
3. Inner context
4. Bridging factors
5. Innovation Factors
6. Linkages/relationships



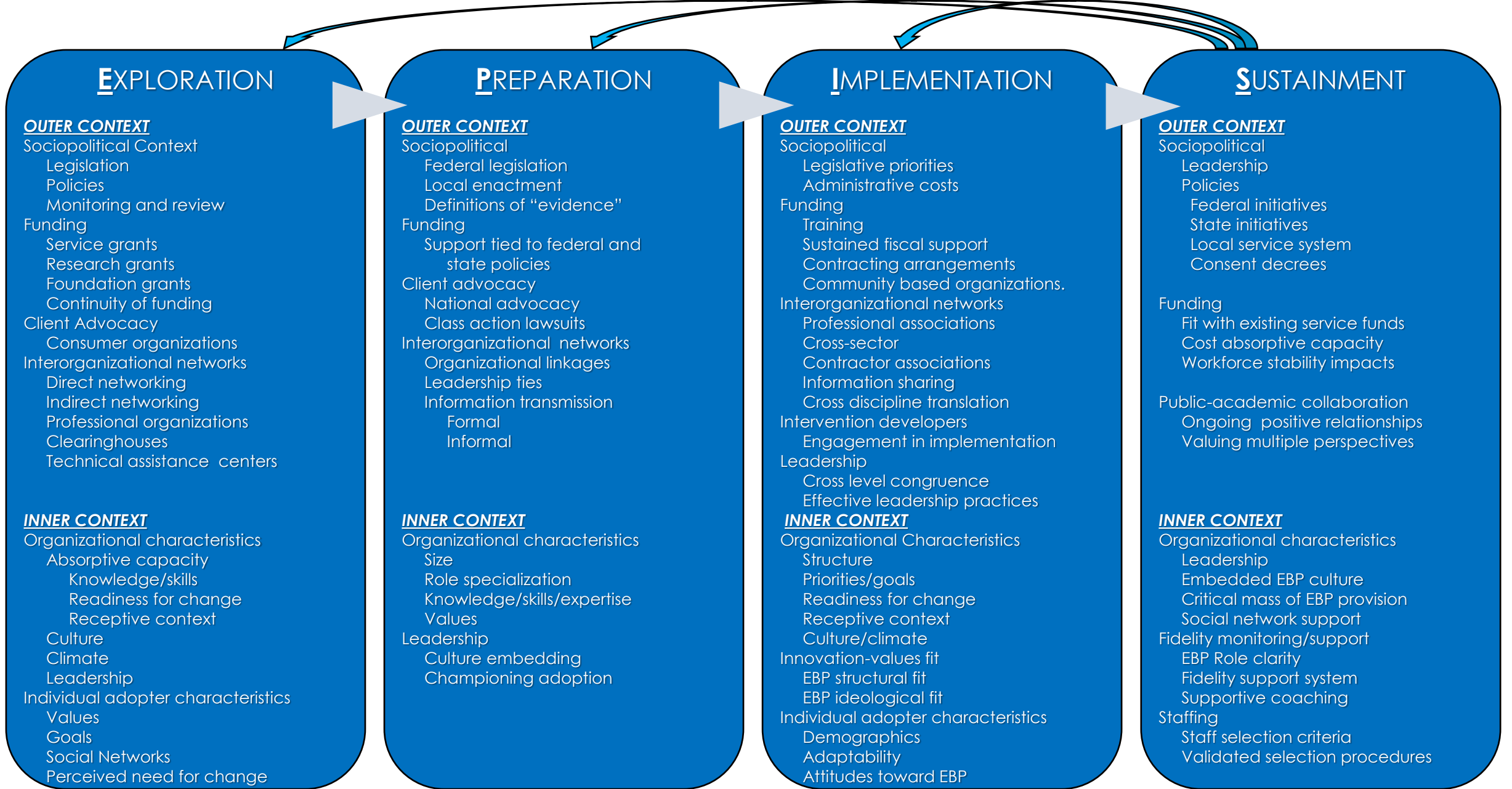
- Aarons GA, Hurlburt M, Horwitz SM. Advancing a conceptual model of evidence-based practice implementation in public service sectors. *Administration and Policy in Mental Health*. 2011;38(1):4-23.
- Moullin JC, Dickson KS, Stadnick NA, Rabin B, Aarons GA. Systematic review of the Exploration, Preparation, Implementation, Sustainment (EPIS) framework. *Implement Sci*. 2019.14(1):1.

Exploration, Preparation, Implementation, Sustainment (EPIS) Framework

- EPIS is both a Determinant AND Process framework
- Key phases of the implementation process E, P, I, S
- Multilevel across system and organizations
 - Outer and inner contexts
 - Levels within contexts
- Frames implementation determinants and mechanisms across levels within each phase
- Enumerates common and unique determinants and mechanisms across levels and across phases
- Allows for recursive process (i.e., returning to earlier phases)

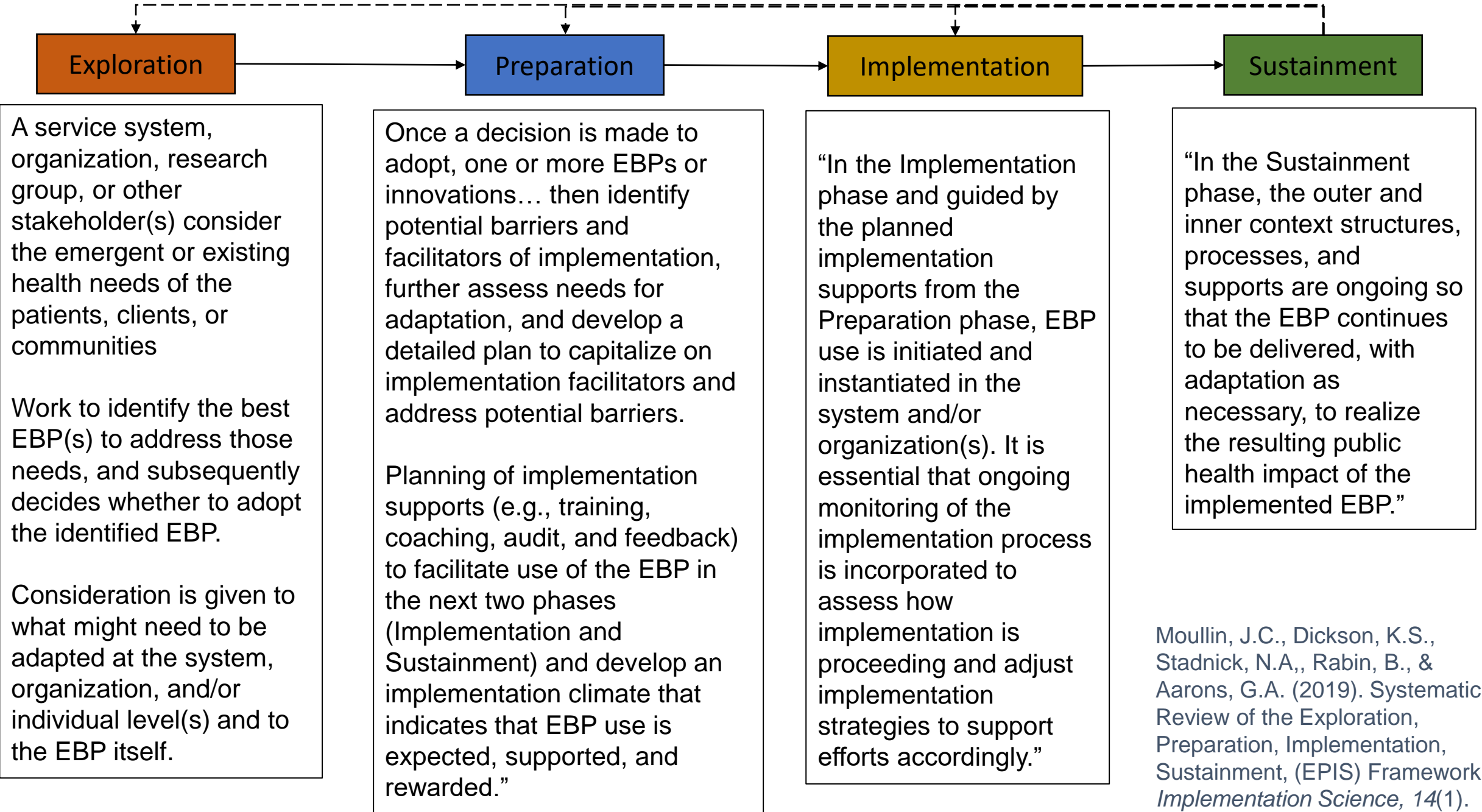
Aarons, G. A., Hurlburt, M., & Horwitz, S. M. (2011). Advancing a conceptual model of evidence-based practice implementation in public service sectors. *Administration and Policy in Mental Health and Mental Health Services Research*, 38(1), 4-23.

Moullin, J.C., Dickson, K.S., Stadnick, N.A., Rabin, B., & Aarons, G.A. (2019). Systematic Review of the Exploration, Preparation, Implementation, Sustainment, (EPIS) Framework. *Implementation Science*, 14(1).



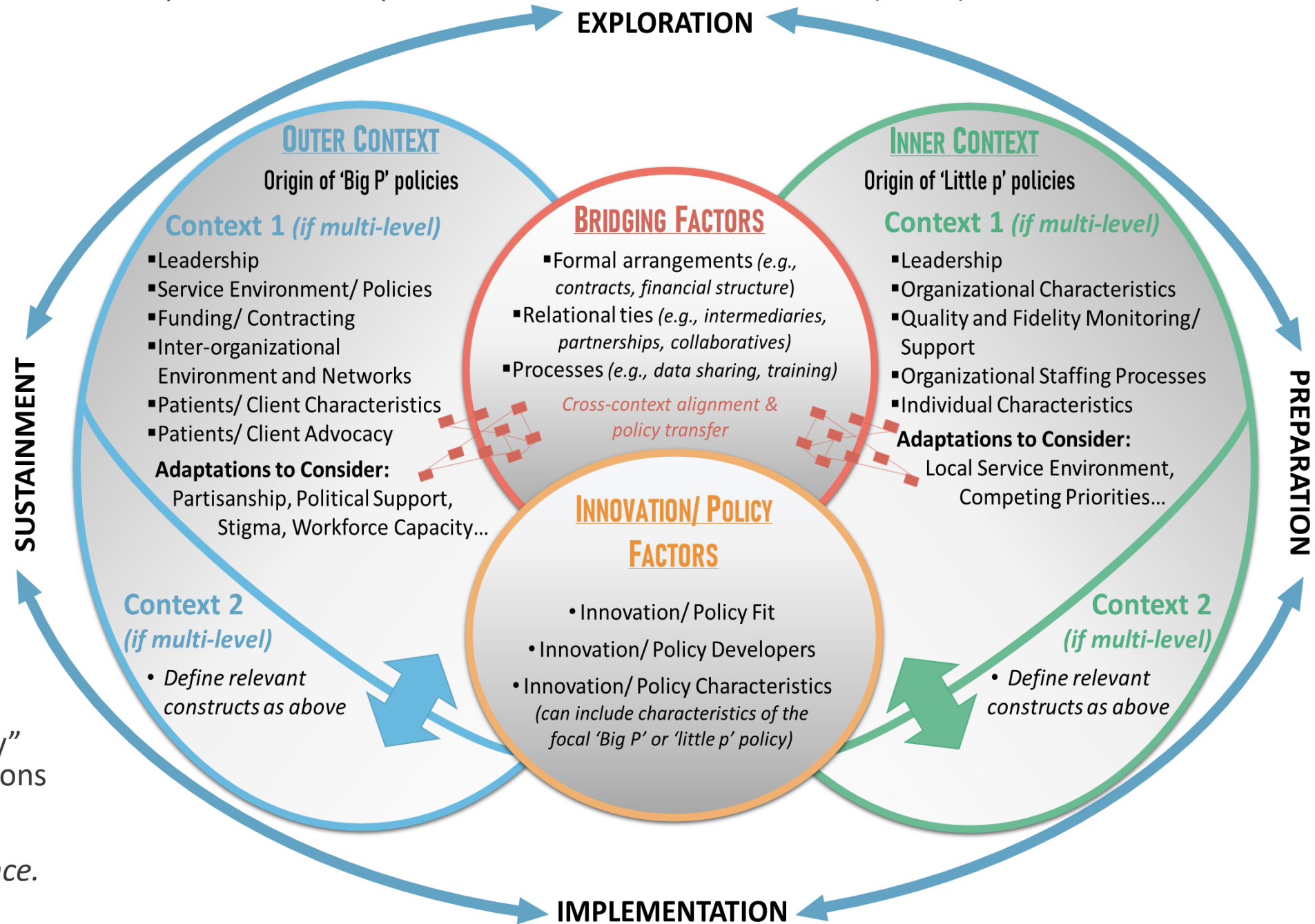
Aarons, G.A., Hurlburt, M. & Horwitz, S.M. (2011). Advancing a Conceptual Model of Evidence-Based Practice Implementation in Public Service Sectors. *Administration and Policy in Mental Health and Mental Health Services Research*, 38(1), 4-23.

Activities in EPIS Phases



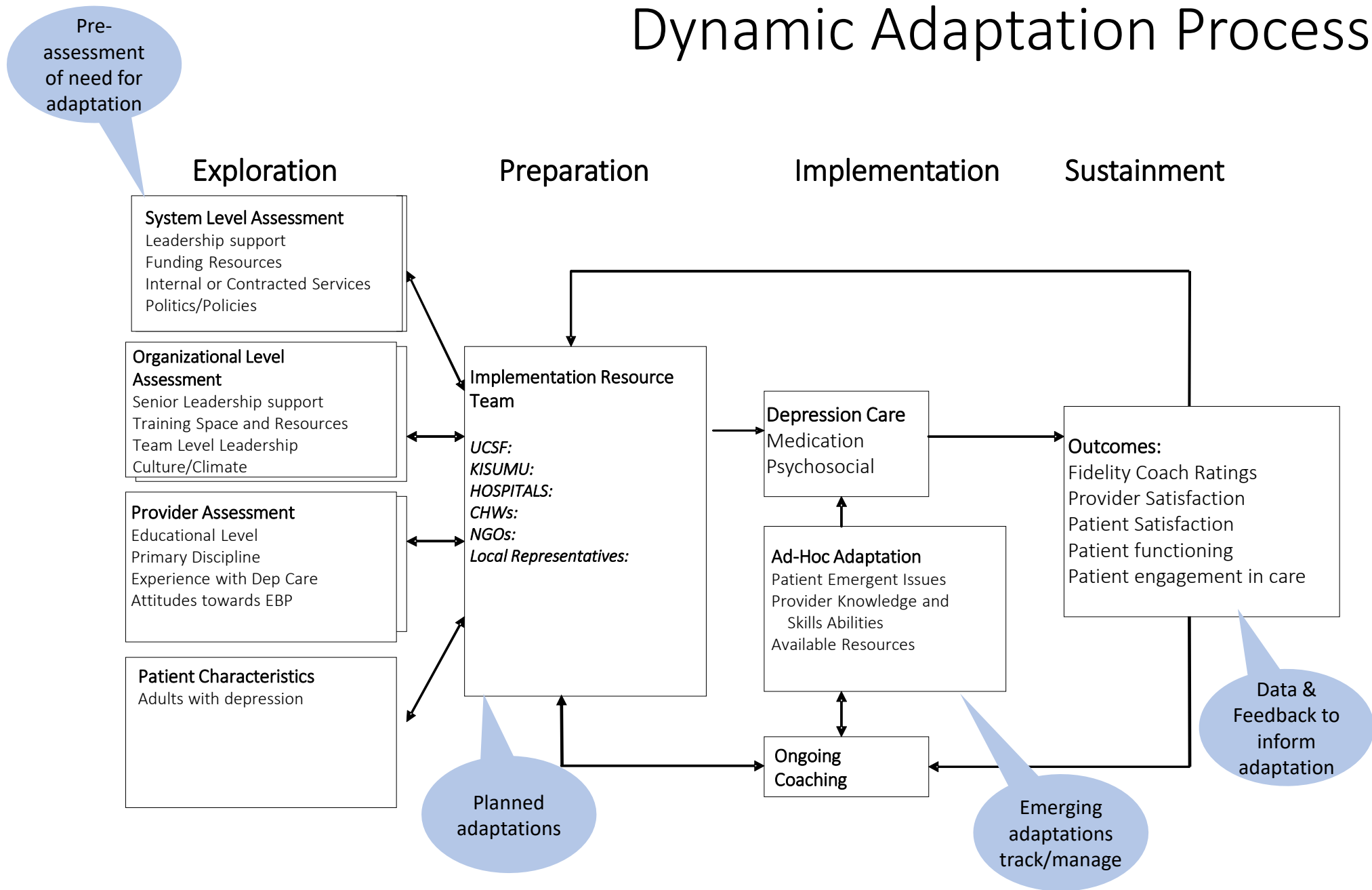
Moullin, J.C., Dickson, K.S., Stadnick, N.A., Rabin, B., & Aarons, G.A. (2019). Systematic Review of the Exploration, Preparation, Implementation, Sustainment, (EPIS) Framework. *Implementation Science, 14*(1).

Policy Optimized Exploration, Preparation, Implementation, Sustainment (EPIS) Framework



Crabbe EL et al. Where is “policy” in D&I science? Recommendations to advance theories, models, & frameworks: EPIS as a case example. *Implementation Science*. 2022; 17:80.

Dynamic Adaptation Process



A collaborative, adaptive, local, national and international team

Team Goal:

SUSTAINABLE strategy for SCALABLE, non-specialist delivery of depression and trauma-related disorder outpatient treatment, integrated with public sector primary care outpatient services

Team Members:

Study team, diverse roster of investigators, Implementation Resource Team (IRT), participants and patients, other East African mental health stakeholders

Team Process:

Collaborative discussion and ongoing adaptation for optimal sustainability and scalability

Team Strategies:

Collaborative and diverse roster of investigators and consultants, Exploration, Preparation, Implementation and Sustainment (EPIS), Implementation Resource Team (IRT), Dynamic Adaptation Process (DAP)

Local, National and Regional Activities involve key mental health stakeholders in SMART-DAPPER
Goal: An evidence-based, sustainable model of delivering integrated, evidence based mental health care appropriate for and implemented by many counties across Kenya and in Uganda.



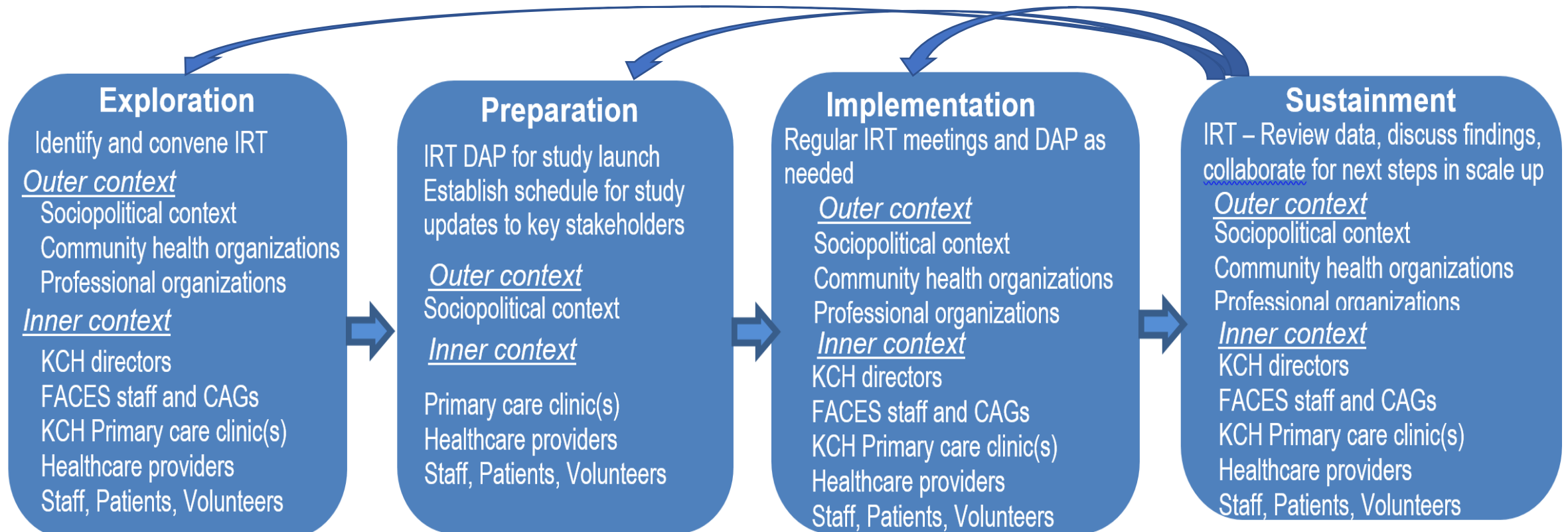
Engagement and scale up Tools:
EPIS, IRT, DAP



Kisumu County Hospital (KCH)

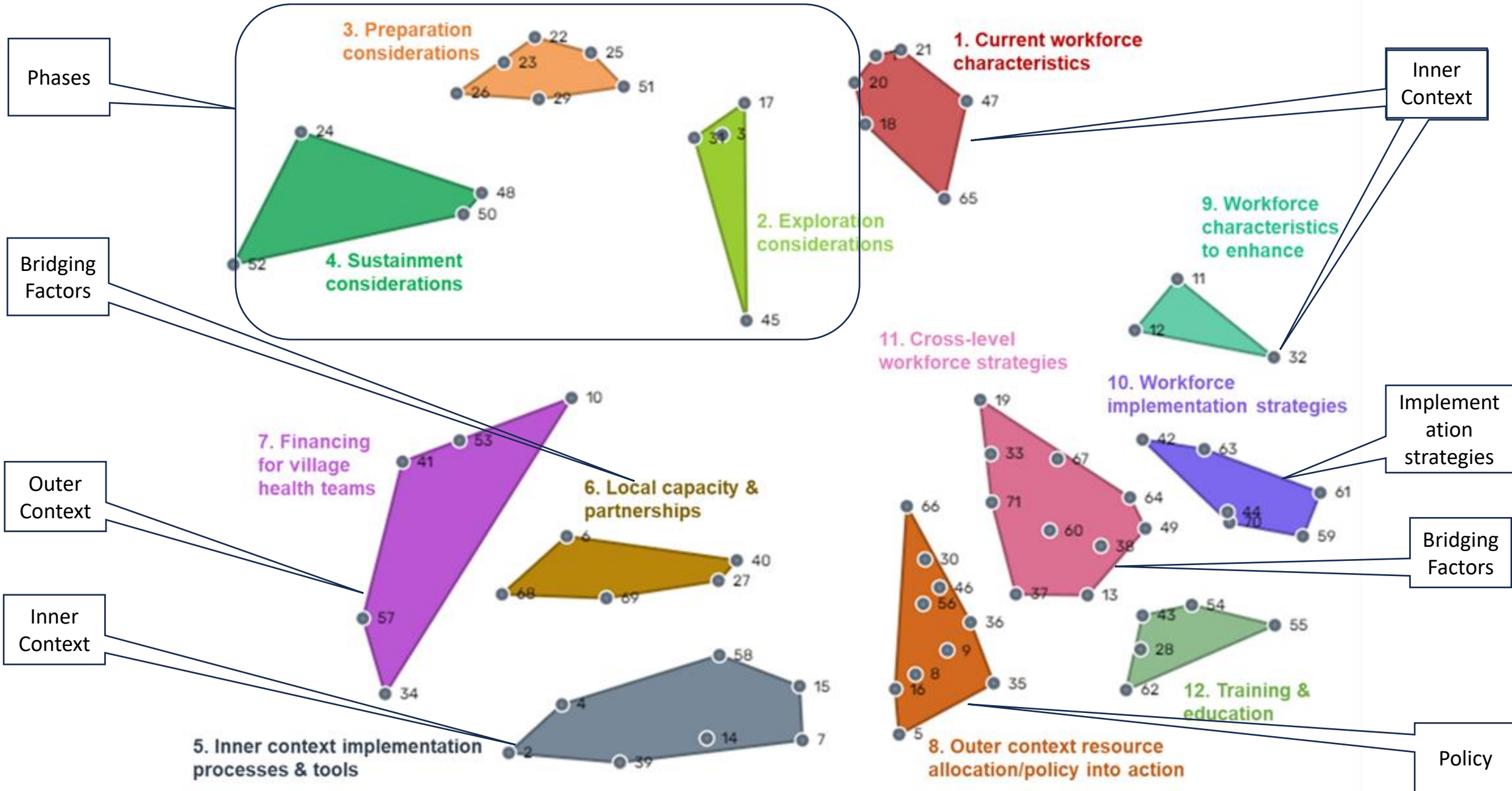
The Exploration, Preparation, Implementation and Sustainment (EPIS) Model:

Role of the Implementation Research Team



Community Advisory Group (CAG); Dynamic Adaptation Process (DAP); Family AIDS, Care education and Services (FACES); Implementation Resource Team (IRT); Kisumu County Hospital (KCH). **NOTE:** Adapted from Aarons et al (2011). Advancing a conceptual model of evidence-based practice implementation in public service sectors. *Adm Policy Ment Health*. 38: 4–2 (Figure 2).

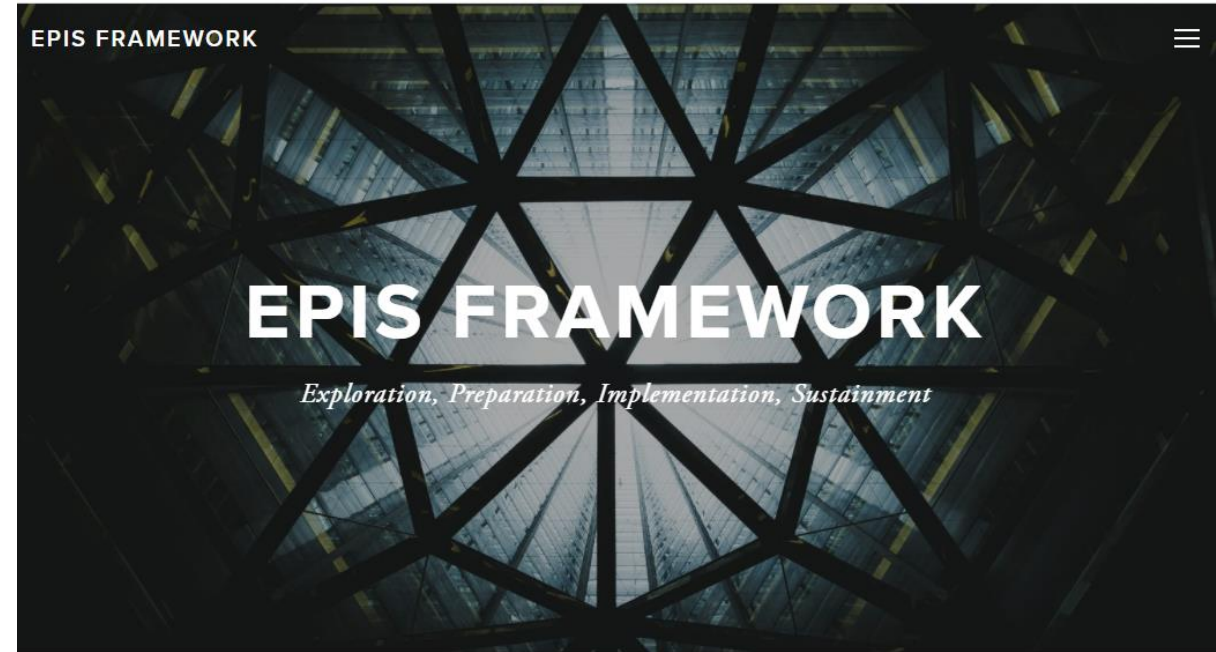
SMART-DAPPER Implementation Resource Team (IRT) Concept Map Determinants



The EPIS Website provides:

- Descriptions of EPIS
- Phases
- Constructs
- Resources
- Webinars
- Examples of use
- Measures
- Publications
- Worksheets and Tools
- Guidance for activities
- Funded projects using EPIS

<https://episframework.com/>



The EPIS Implementation Framework

Welcome to the Exploration, Preparation, Implementation, Sustainment (EPIS) Website! This site was created to explain and support the EPIS Framework and provides resources for using EPIS including measures and tools (e.g., worksheets, guides).

The EPIS Framework highlights key phases that guide and describe the implementation process and enumerates common and unique factors within and across levels of outer context (system) and inner (organizational) context across phases, factors that bridge outer and inner context, and the nature of the innovation or practice being implemented and the role of innovation/practice developers.

This site is continually being developed and improved. Please send us your comments and suggestions using the "Contact Us" link.

Theories, models, and frameworks for NCD implementation research

Panel reflections





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admin@gacd.org



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