The right-based self-learning tools to promote mental health, well-being and resilience after disaster

In Thailand

DEPARTMENT OF MENTAL HEALTH, MINISTRY of HEALTH, THAILAND
Scaling up PFA Guide for field workers
THE SOUTH THAILAND INSURGENCY
SCALING UP PFA PLAN

To develop localized PFA Distance Orientation in Collaborative Asian countries and make it utilized by key stakeholders.

- Adaptation
- Modification
- Piloting
The main events of THAI PFA e-learning development

**Step 1; Initial Technology Revision** *(October – November, 2019)*
- **PFA workshop** - Review the content and discuss with stakeholders about revising the PFA e-learning
- **Product Improvement**
  - Improve the e-learning tool according to feedback
  - Improve an access system
  - Translate Japanese PFA demonstration video into Thai caption

**Step 2; Field test** *(December, 2019)*
- **Usage Training** - before the target group will reach the e-learning and learn by themselves properly
- **Trying out**
  - Try out in the target group, 150 people; Pretest, Workshop, Posttest
  - Feedback through the online survey

**Step 3; Data Collection**
- **Follow up** on PFA e-learning training results in term of skills and knowledge

**Step 4; Research Report**
AIM(S)

➢ To disseminate PFA through e-learning system among mental health care providers in disaster situation.

➢ To reduce psychological burden of the victims and promote the use of adequate psychosocial services which will meet their individual and specific needs.
OBJECTIVE

To investigate the effectiveness of the PFA e-learning by evaluating the participants’ clinical knowledge regarding the PFA as well as their confidence in offering adequate support in disaster before and after the programs.
STUDY DESIGN

• Participants will be active mental health professionals recruited from mental health hospitals in every administrative district of Thailand.

• Participants will complete the pre-test that assess their self-evaluation of their ability and knowledge for disaster support and their knowledge of PFA.

• Participants then will take a e-learning training program of PFA. At the end of the e-learning, participants will answer the post-test that assess their self-evaluation and knowledge again.

• The efficacy of the program will be evaluated according to the changes in the scores between pre- and post-test. Sample size will be set to be 150.
SUPPLY BARRIERS
- Long sessions

SUPPLY ENABLES
- Policy will

DEMAND BARRIERS
- Lack of motivation

DEMAND ENABLES
- Connections
Thank you