<table>
<thead>
<tr>
<th><strong>GACD Project Code</strong></th>
<th>MH09</th>
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<tbody>
<tr>
<td><strong>Title</strong></td>
<td>Screening and management of perinatal depression within primary care</td>
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**Reach details**
EPDS (PHQ-9 will be added) for screening and iCBT with psychosocial support for those at high risk of depression. Process and Formative evaluation using Consolidated Framework for Implementation Research (CFIR) and RE-AIM (Reach x Efficacy, Adoption, Implementation, and Maintenance) evaluation model. Note: will examine individual level impact/effectiveness (e.g., % women screened, % women use iCBT among those screened positive on EPDS) and organizational level adoption (e.g., % and representativeness of healthcare providers who screen women). Quality: public health impact score calculated by multiplying the product of the 5 dimensions of RE-AIM. 70% will uptake iCBT with psychosocial support

**Reach Tools**
EPDS, PHQ-9,

**Efficacy details**
EPDS, PHQ-9, Edinburgh Postnatal Depression Scale (EPDS); WHO-5, CFIR (Consolidated Framework for Implementation Research), RE-AIM, DISC-10; Increase in knowledge and understanding of mental health among healthcare providers and women receiving primary care in MCH. We will also examine stigma using DISC-10. Meeting with key stakeholders scheduled monthly

**Efficacy Tools**
EPDS, PHQ-9, EPDS; WHO-5, CFIR, RE-AIM, DISC-10

**Adoption details**
60 Mental health care providers (32 healthcare and 28 research staff) in Maternal and Child Health Care Clinics to be trained in total.

**Adoption Tools**

**Implementation details**

**Maintenance details**
CFIR (Consolidated Framework for Implementation Research). RE-AIM. DISC-10; Increase in knowledge and understanding of mental health among healthcare providers and women receiving primary care in MCH. We will also examine stigma using DISC-10. 70% will uptake iCBT with psychosocial support (a) Government and MCH systems pay for iCBT; (b) Companies, especially the department regarding the corporate social responsibility, pay for the costs of iCBT in a sustainable manner; and (c) The voluntary contributions from women, who benefit from the project, are used to pay for the costs for a short-term and / or long-term period. Meanwhile, we will negotiate with the MoodGYM training program to ensure the iCBT fees can be affordable. EPDS, PHQ-9.Edinburgh Postnatal Depression Scale (EPDS); WHO-5. Meeting with key stakeholders scheduled monthly

**Maintenance Tools**
CFIR; RE-AIM. DISC-10; EPDS, PHQ-9. EPDS; WHO-5.