School-based education programme to reduce salt: Scaling-up in China (EduSaltS)

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Aim

To develop a feasible, sustainable and adaptable scale-up package with the **core component of School-EduSalt** in children & families

Wide-scale implementation

↓ Salt, BP, CVD
Objectives

• To refine & adapt School-EduSalt in multiple settings
• To develop a scale-up package
• To implement & evaluate the scale-up package
• To achieve sustained policy and program by integrating the scale-up package into the school health education system
Study Design

Pre-post design with qualitative & quantitative methodology

Phase 1: Preparation (6 months)
Developing scale-up package

Phase 2: Pilot study (6 months)
Pilot the scale-up package in 6 schools from 3 study regions

Phase 3: Scale up study (2 yr)
Implementing scale-up package in all schools in the 3 regions

Phase 4: National roll-out and sustainment (1 yr)
Key Challenges

- Engage with policy makers
- Monitoring & Evaluation (24h urine collection)
- Diverse settings, variation in local education/health policies